

CHALLENGE / PROBLEM

I LIKE TO BE OUTDOORS, ITS SUMMER

■ GOALS:

- GET EXERCISE
- GET SUN
- SEE BEAUTIFUL THINGS

CONSTRAINTS:

- WANT TO SLEEP IN MY OWN BED AT NIGHT
- _MUST BE ABLE TO KEEP DISTANCE FROM OTHERS ON TRAIL (COVID)
- **DON'T WANT TO BUY AN EXPENSIVE BIKE**

APPROACH

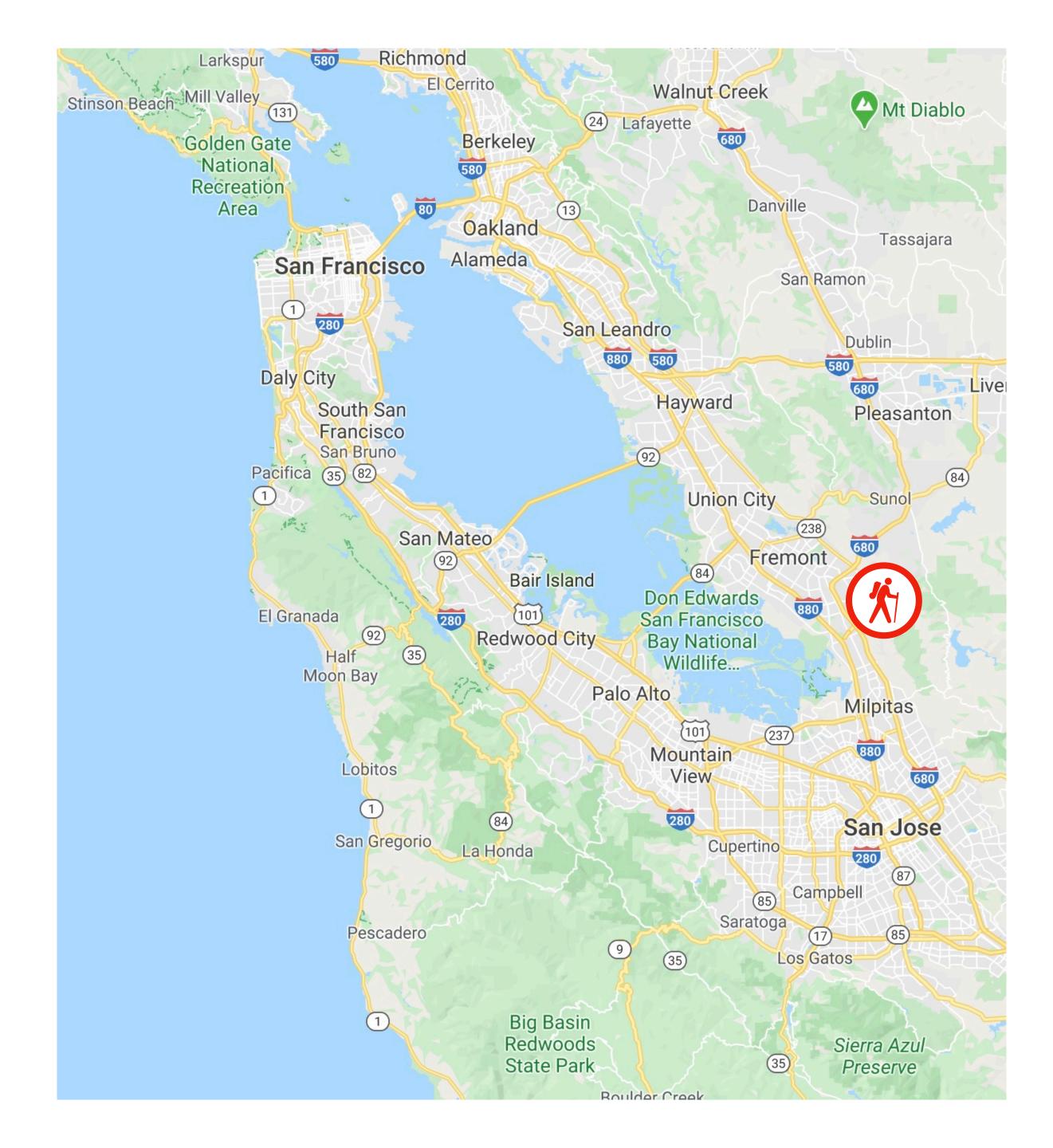
GO ON LOCAL HIKES

THE LIST

- MISSION PEAK
- COYOTE HILLS REGIONAL PARK
- ALMADEN QUICKSILVER COUNTY PARK
- RUSSIAN RIDGE
- WINDY HILL
- SKYLINE DRIVE
- **BIG BASIN**
- BEACHES (SAN GREGORIO, FRANCIS, POPLAR)
- DEVIL'S SLIDE TRAIL
- MARIN HEADLANDS
- MT TAM
- MILL VALLEY TO STINSON
- KITE HILL (PALO ALTO)

MISSION PEAK

30 MIN DRIVE 3 HOUR HIKE











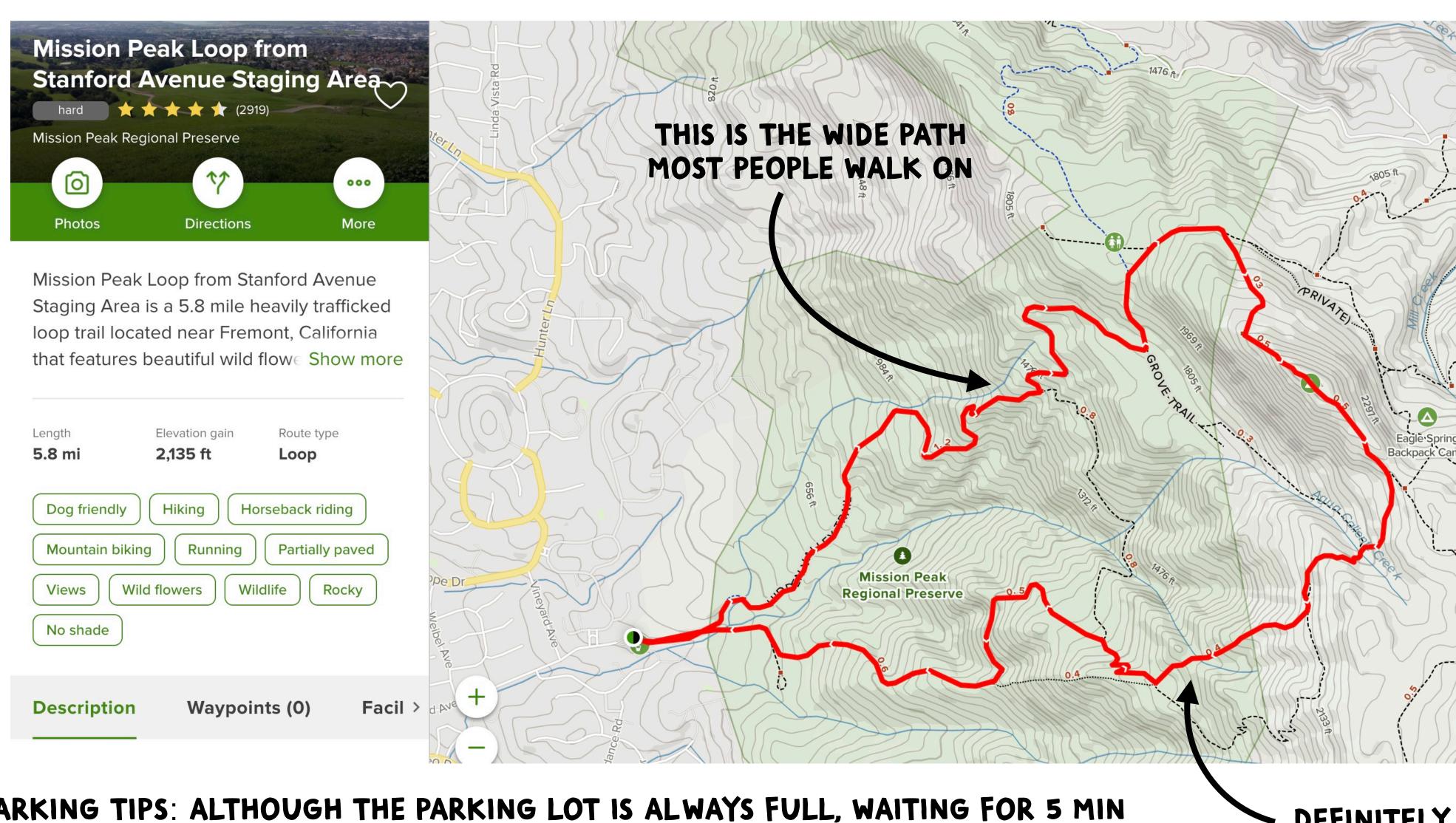












PARKING TIPS: ALTHOUGH THE PARKING LOT IS ALWAYS FULL, WAITING FOR 5 MIN USUALLY MEANS SOMEONE COMES OFF THE TRAILS AND GETS YOU A SPOT. ALSO, DON'T LEAVE VALUABLES IN YOUR CAR. BRAKE-INS HAPPEN OFTEN

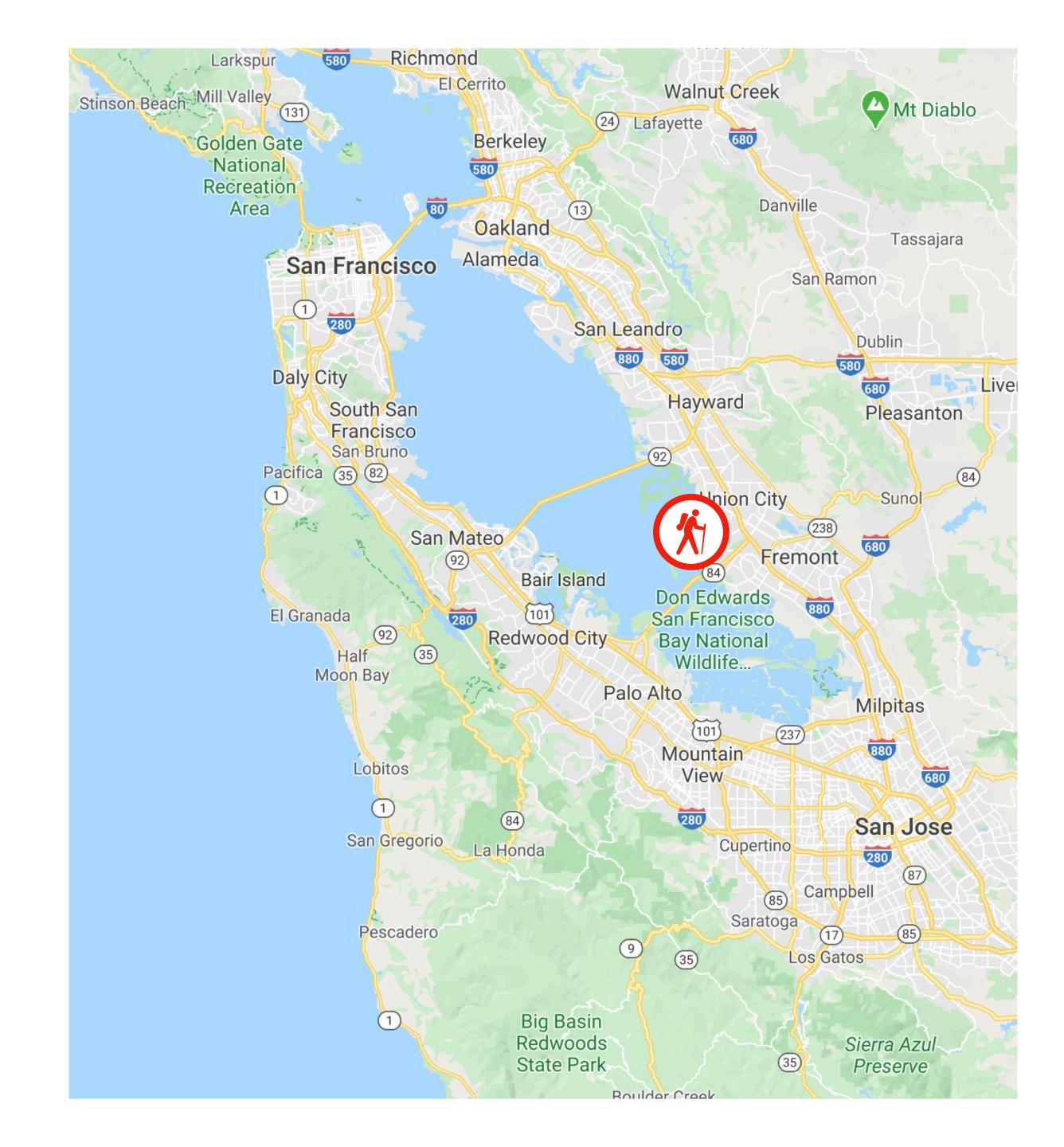
FAR FEWER PEOPLE
(I RECOMMEND DOWN THIS WAY TOO)

COYOTE

REGIONAL PARK

25 MIN DRIVE 1-1.5 HOUR (FLAT) HIKE

(CAN ALSO BIKE THERE OVER DUMBARTON BRIDGE)



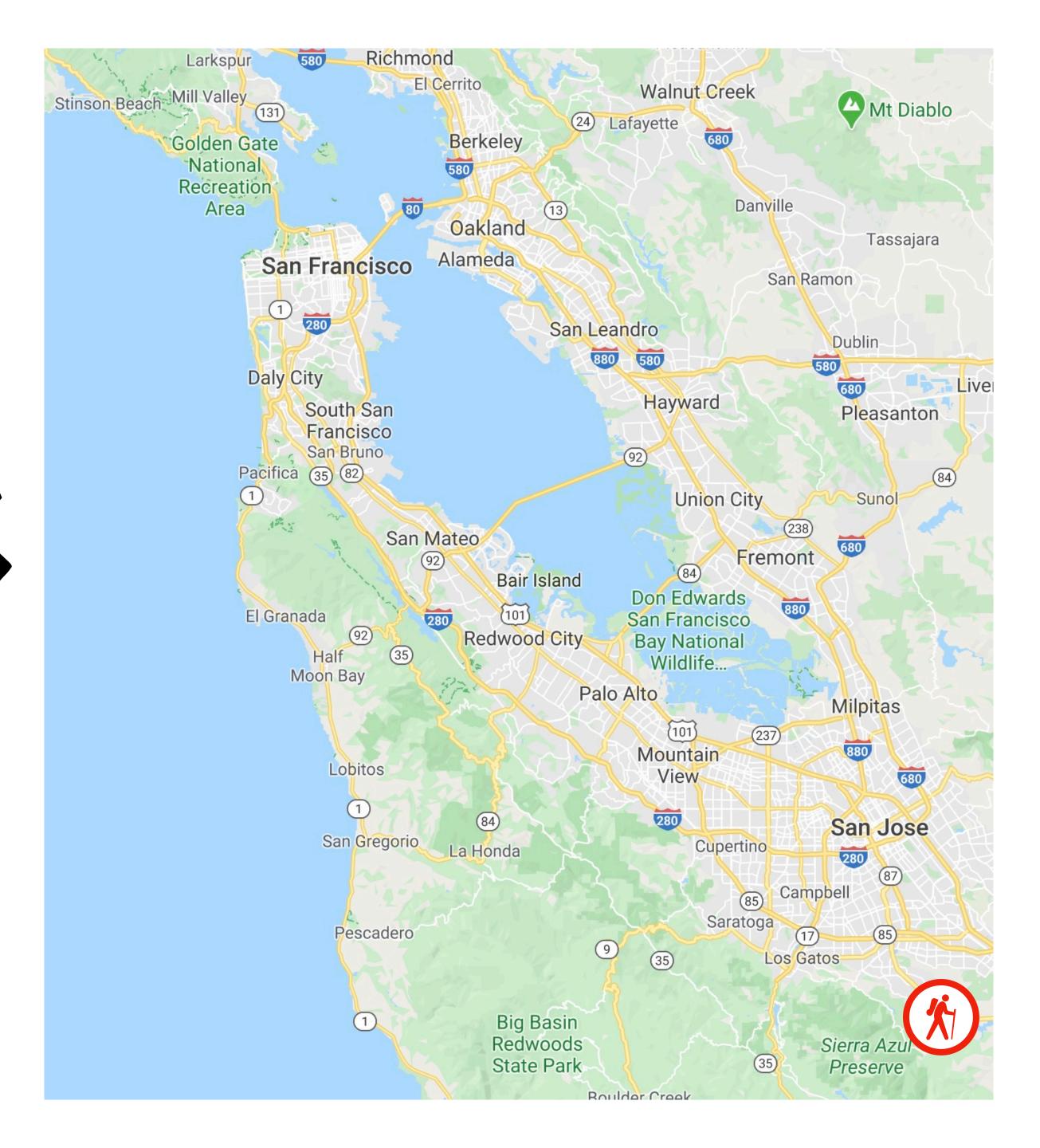






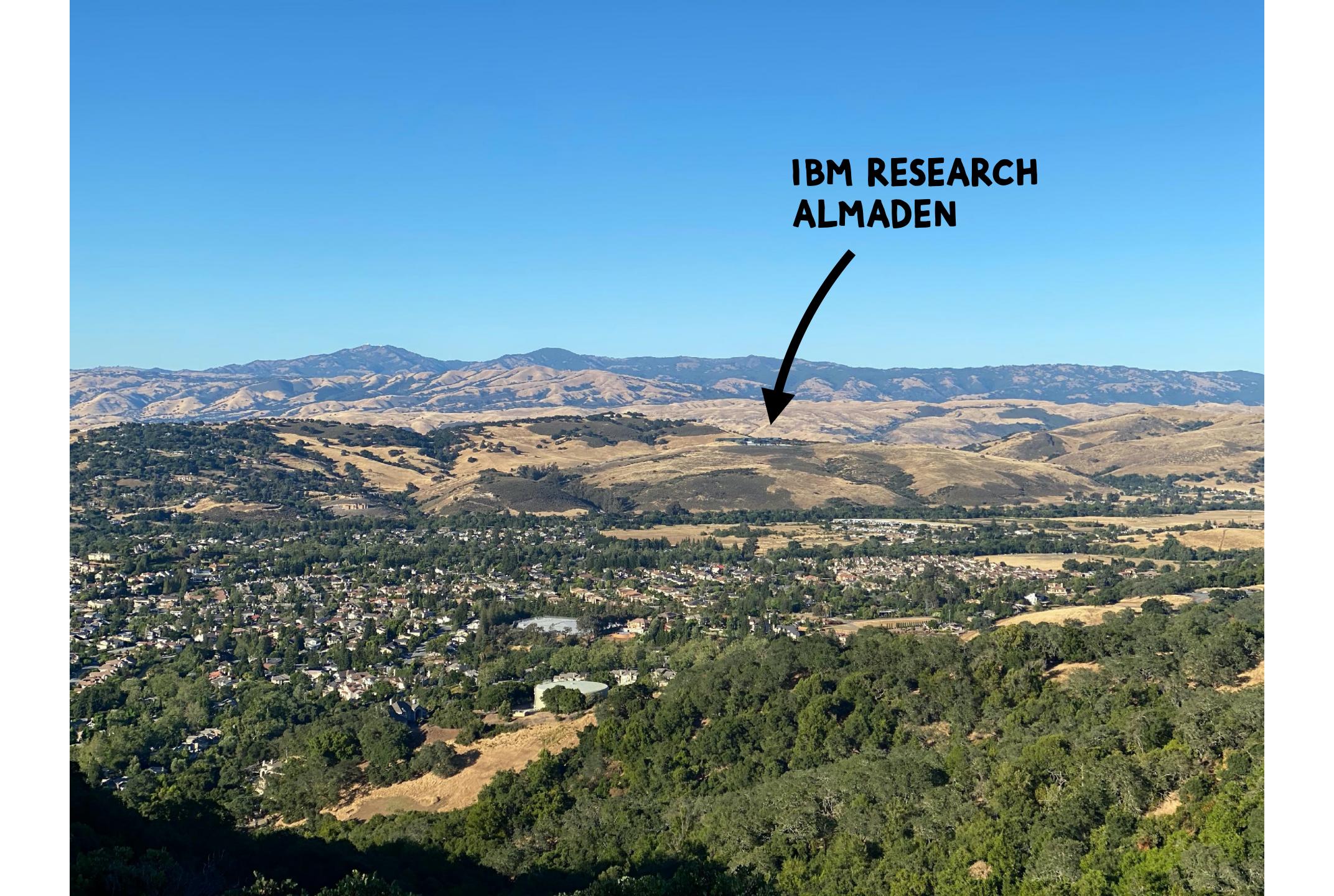
ALMADEN QUICKSILVER COUNTY PARK

50 MIN DRIVE MANY HIKES











New Almaden Trail is a 14.2 mile moderately trafficked loop trail located near San Jose, California that offers the chance to see wildlife and is rated as difficult. The Show more

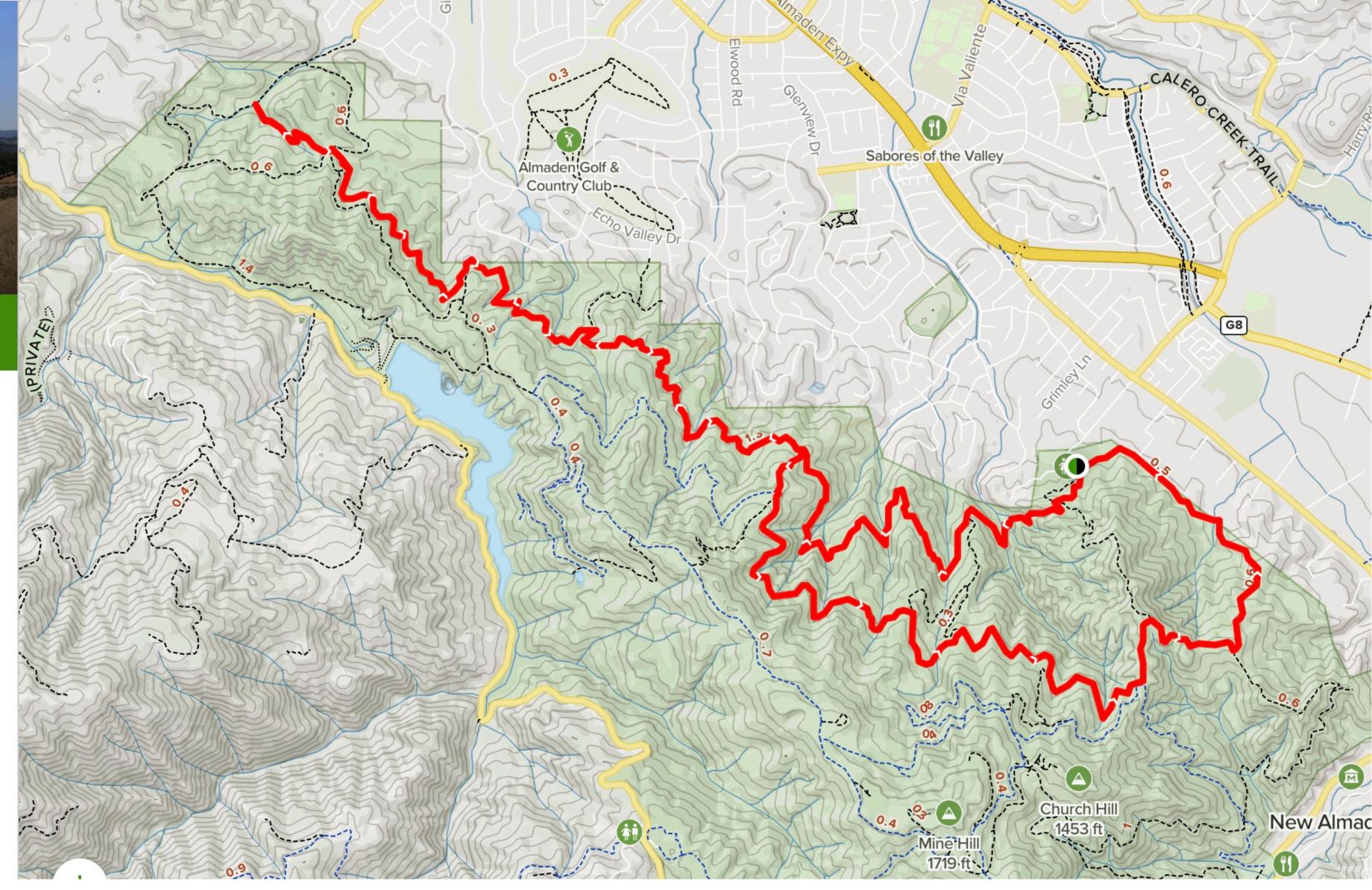
Length Elevation gain Route type

14.2 mi 2,093 ft Loop

Dogs on leash Hiking Nature trips

Bird watching Running Views

Wildlife

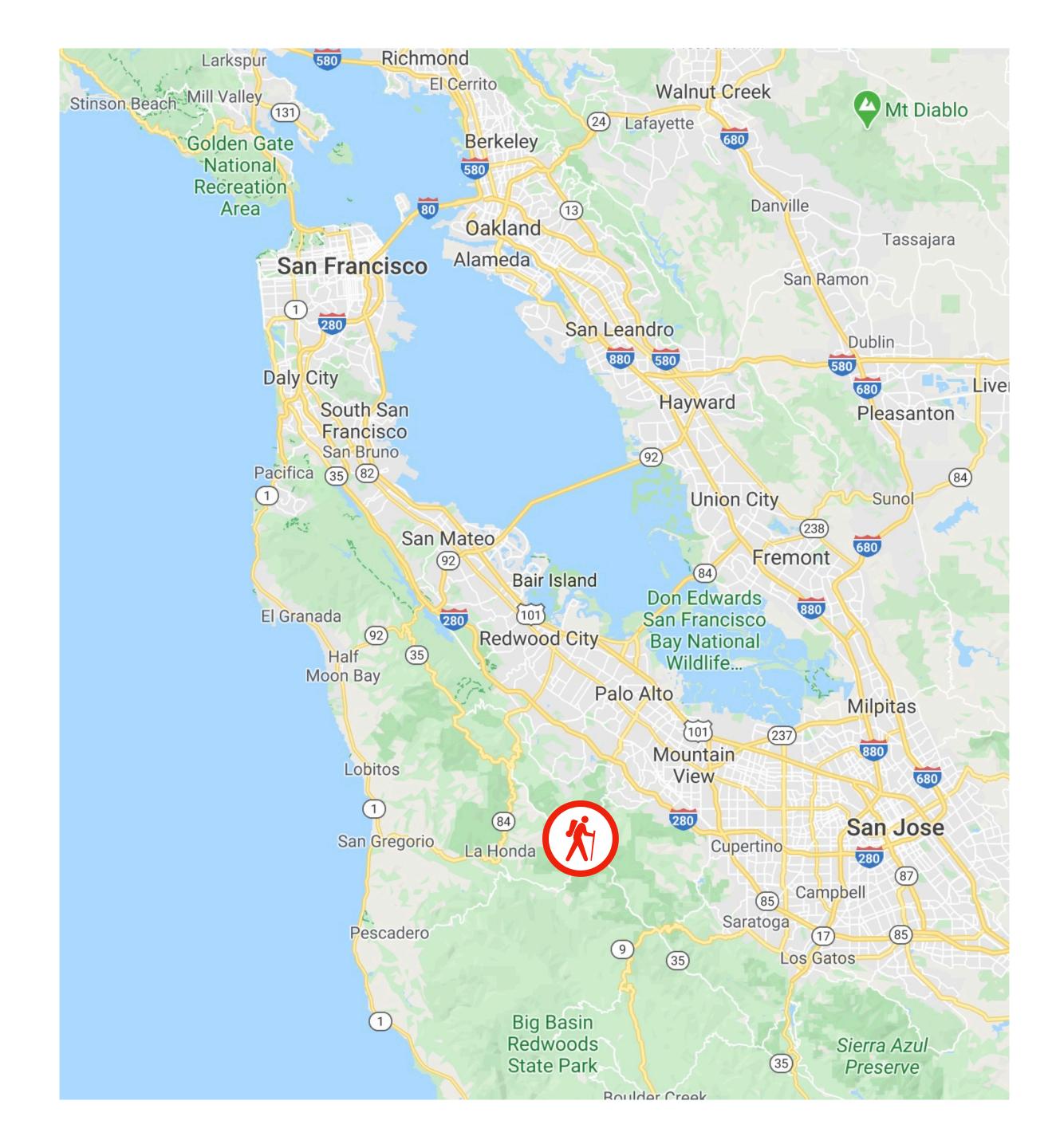


RUSSIAN RIDGE TRAIL

(RUSSIAN RIDGE PRESERVE)

50 MIN DRIVE 4 MILES, PRETTY FLAT

A BUT A JEWEL OF A HIKE

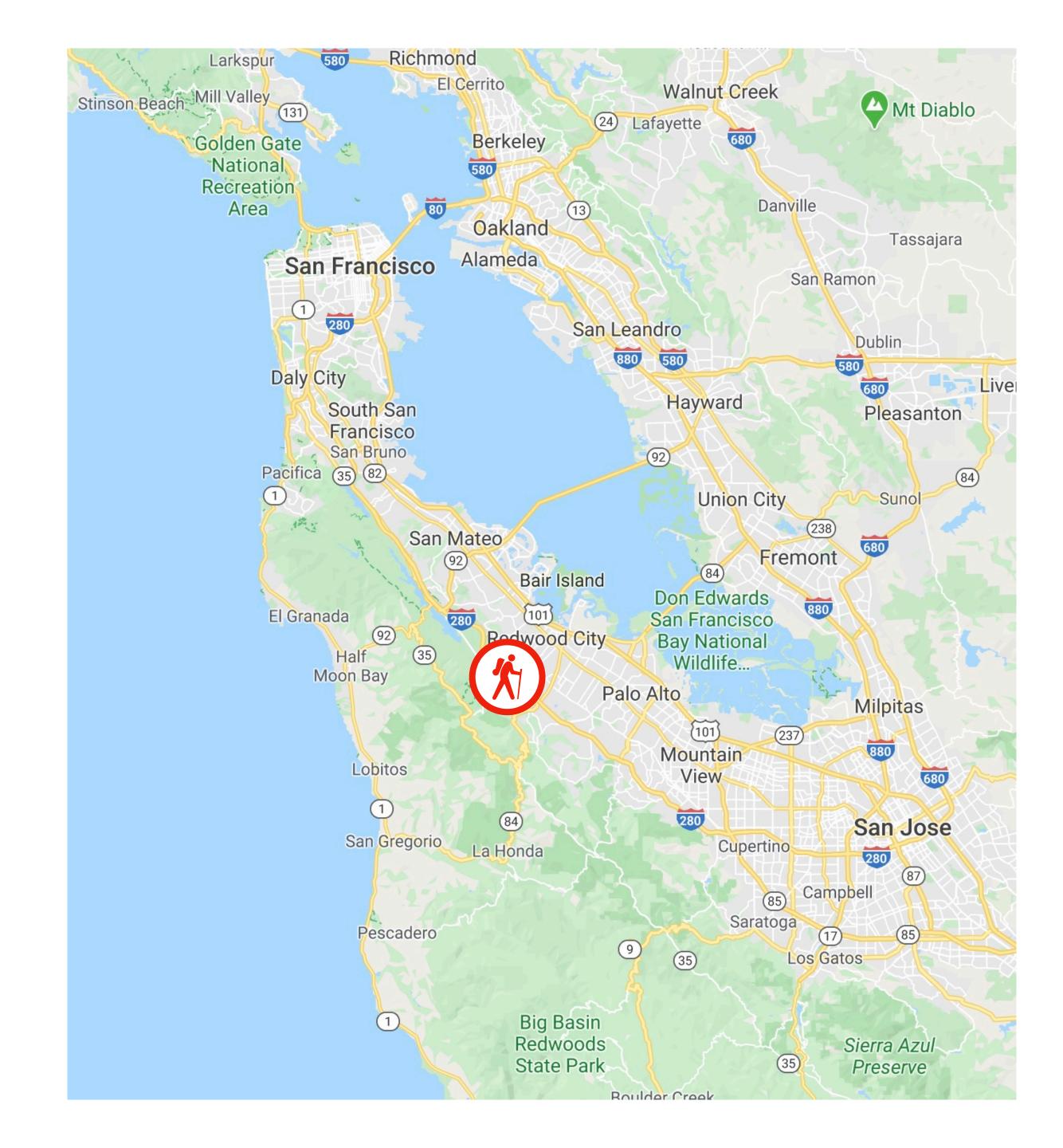




WINDY HILL OPEN SPACE

25 MIN DRIVE 6 MILE LOOP TRAIL

(IN THE WOODS ON THE WAY UP, OPEN ON THE WAY DOWN)



TOP OF WINDY HILL (THAT'S SKYLINE DRIVE IN THE PICTURE)





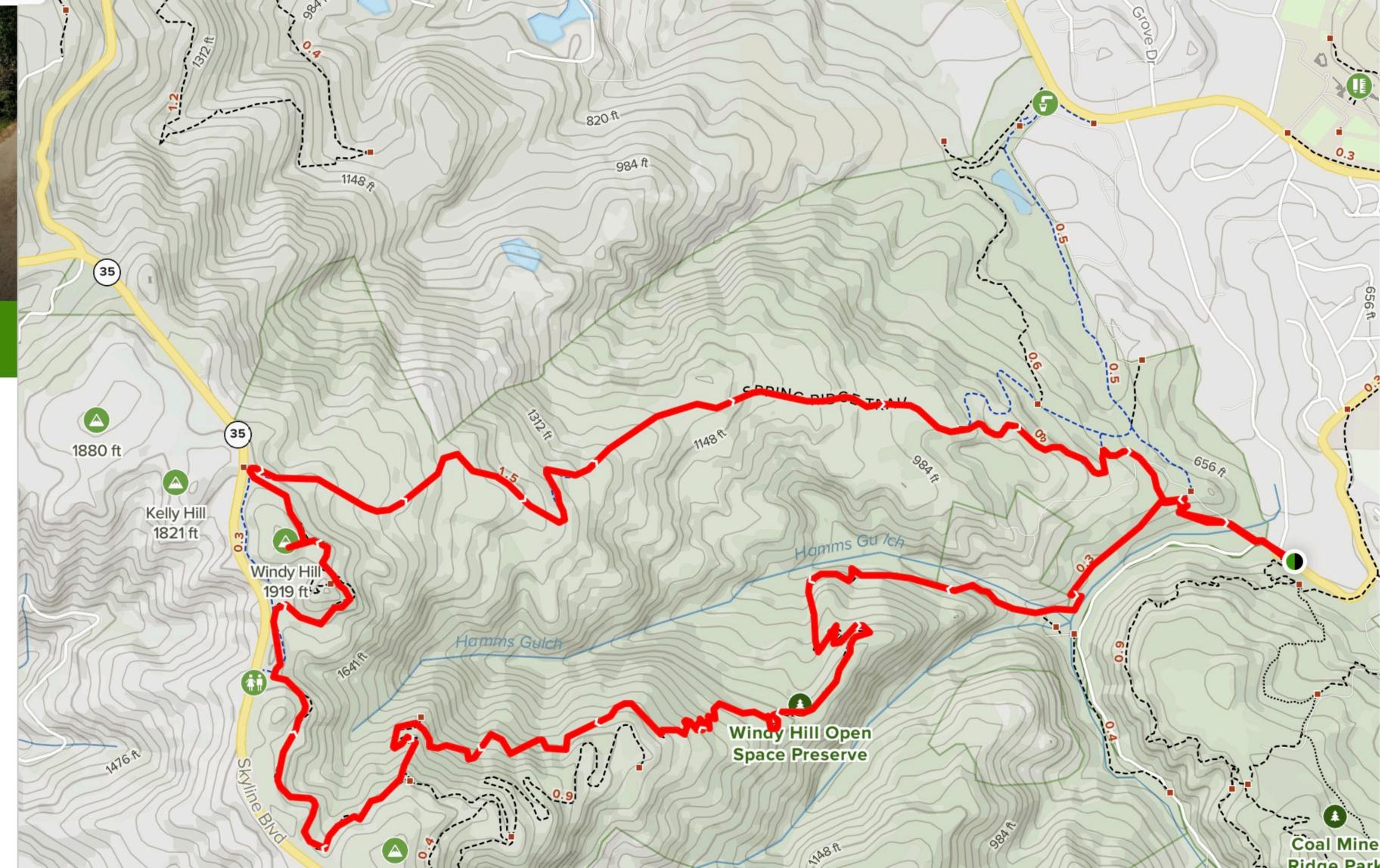
Windy Hill Loop is a 6.2 mile heavily trafficked loop trail located near Portola Valley, California that features beautiful wild flowers and is rated as moderate Show more

6.2 mi 1,374 ft Loop

Dogs on leash Hiking Nature trips

Bird watching Running Forest Views

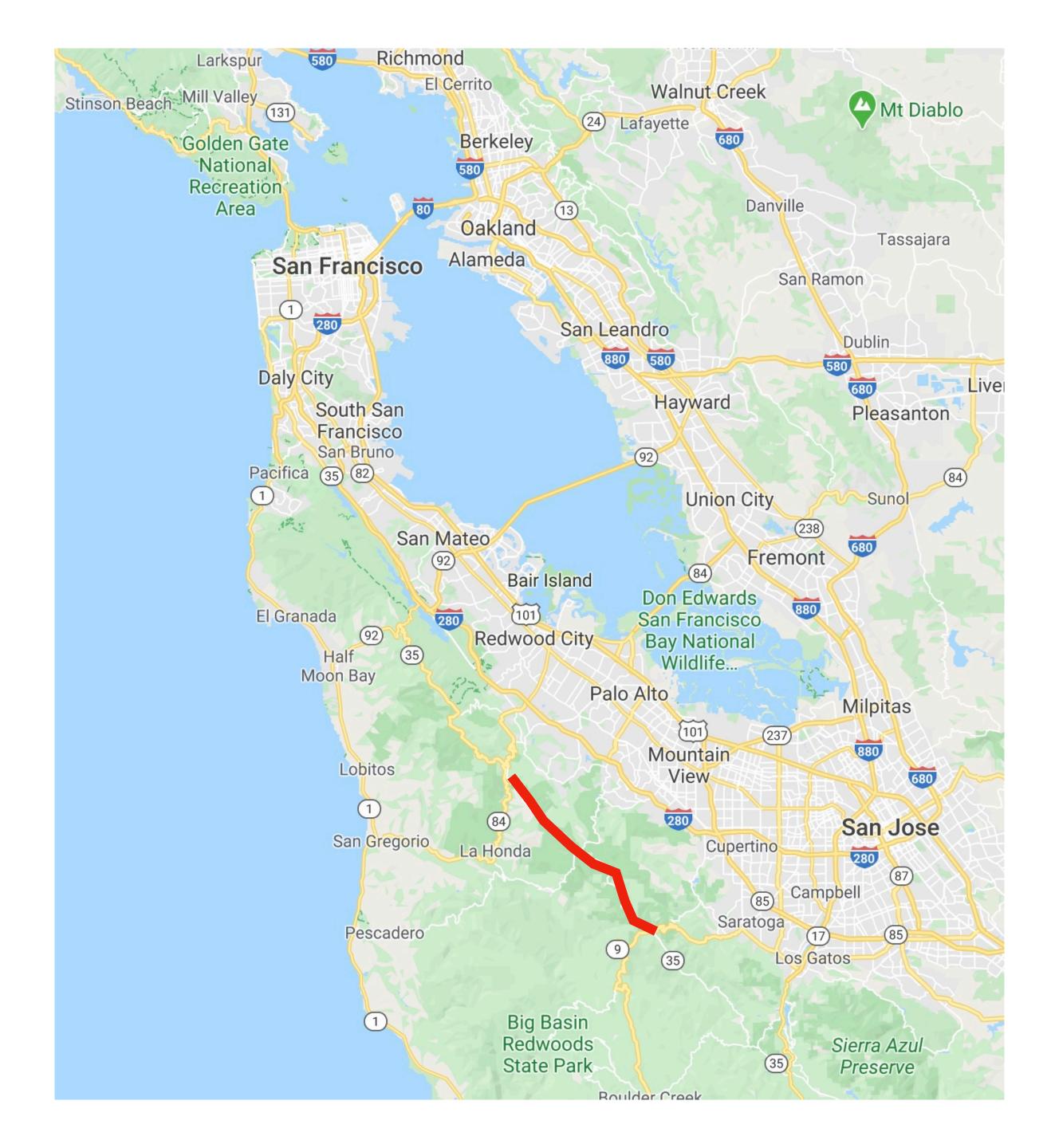
Wild flowers Wildlife



ANYTHING OFF SKYLINE DRIVE IN GENERAL

GO FOR A NICE DRIVE LATE IN THE DAY

(HEAD UP 84 TO SKYLINE FOR THE EASIEST DRIVE UP)



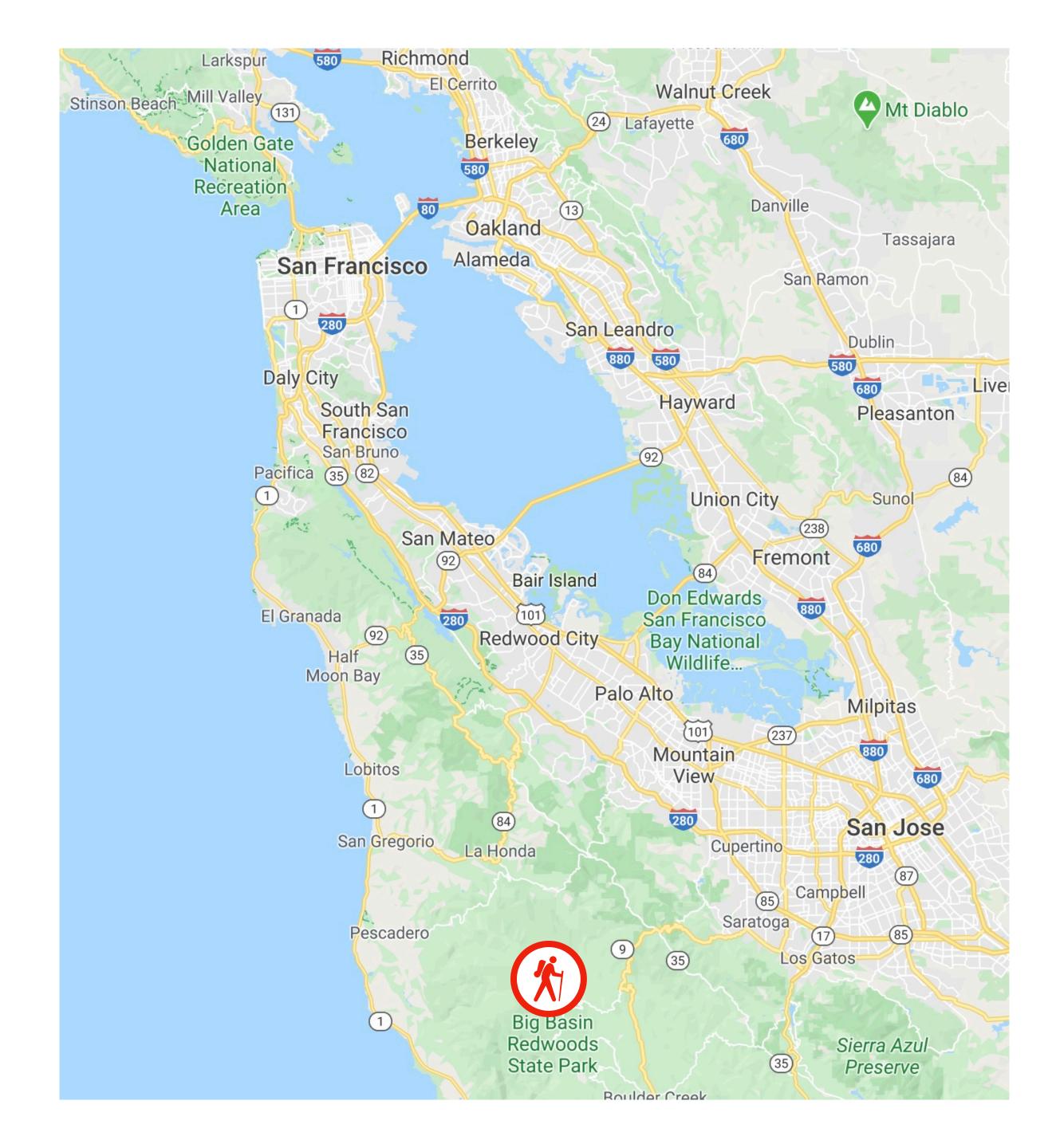




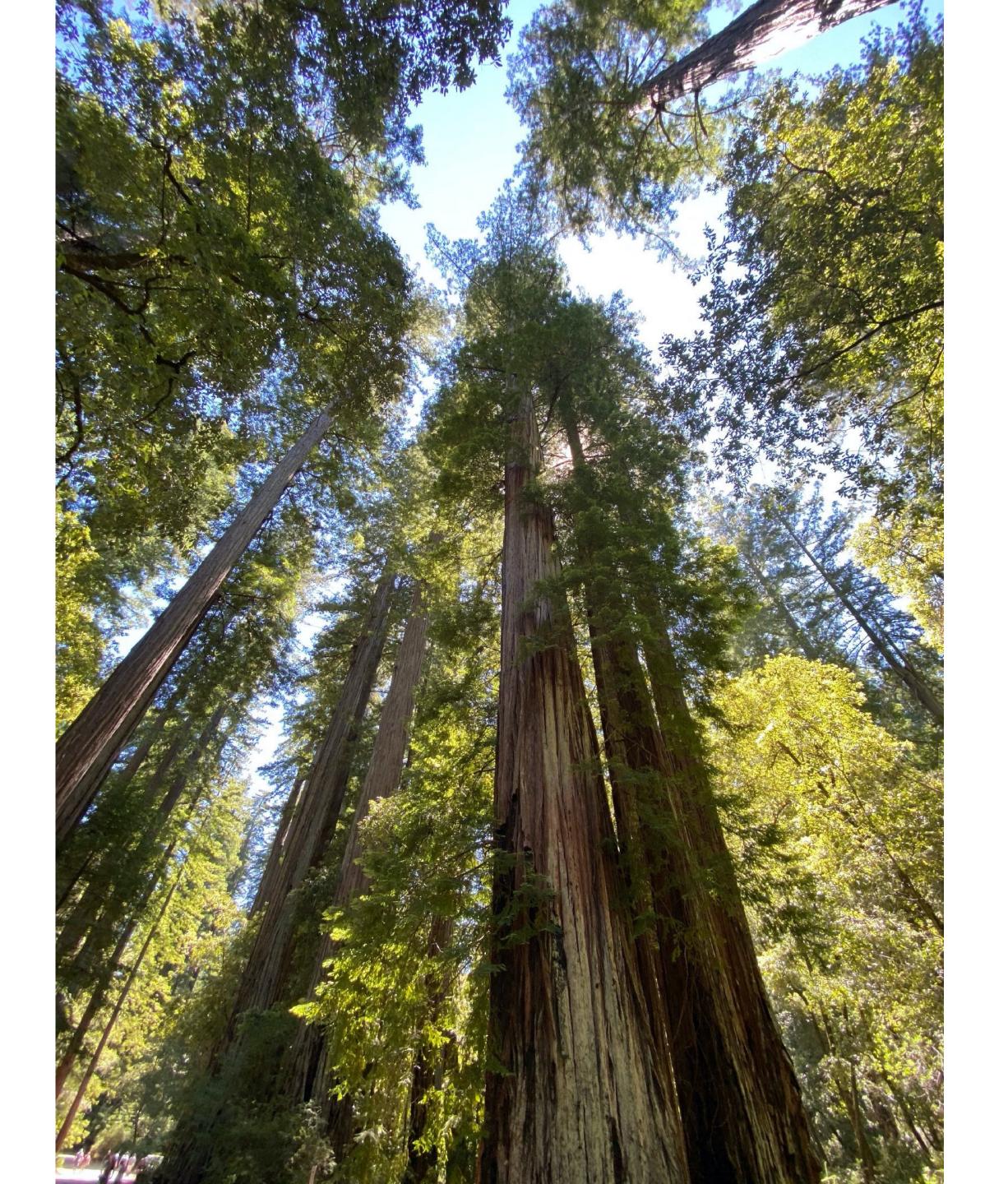
BIGBASIN

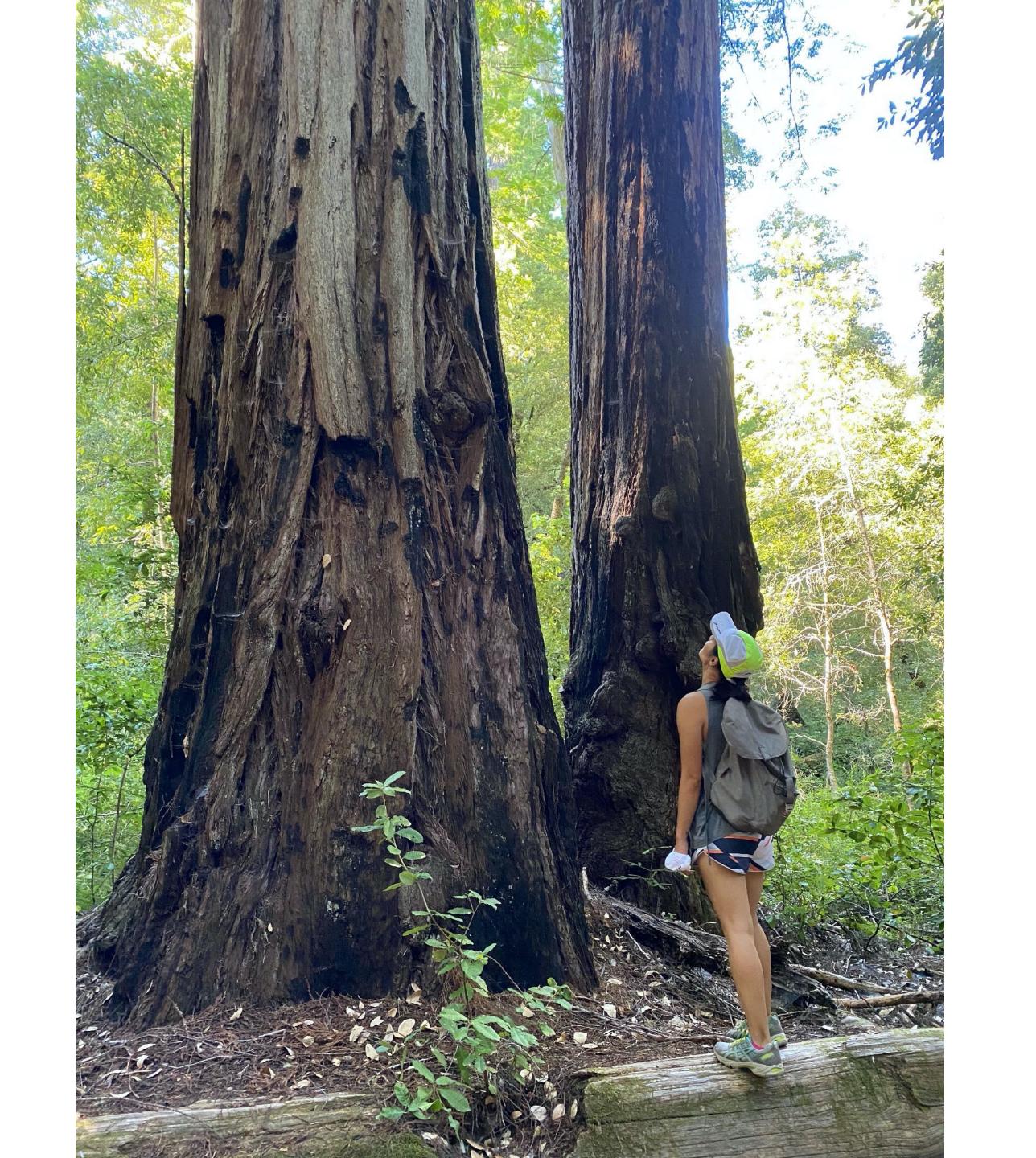
75 MIN DRIVE MANY HIKES

STATE PARK



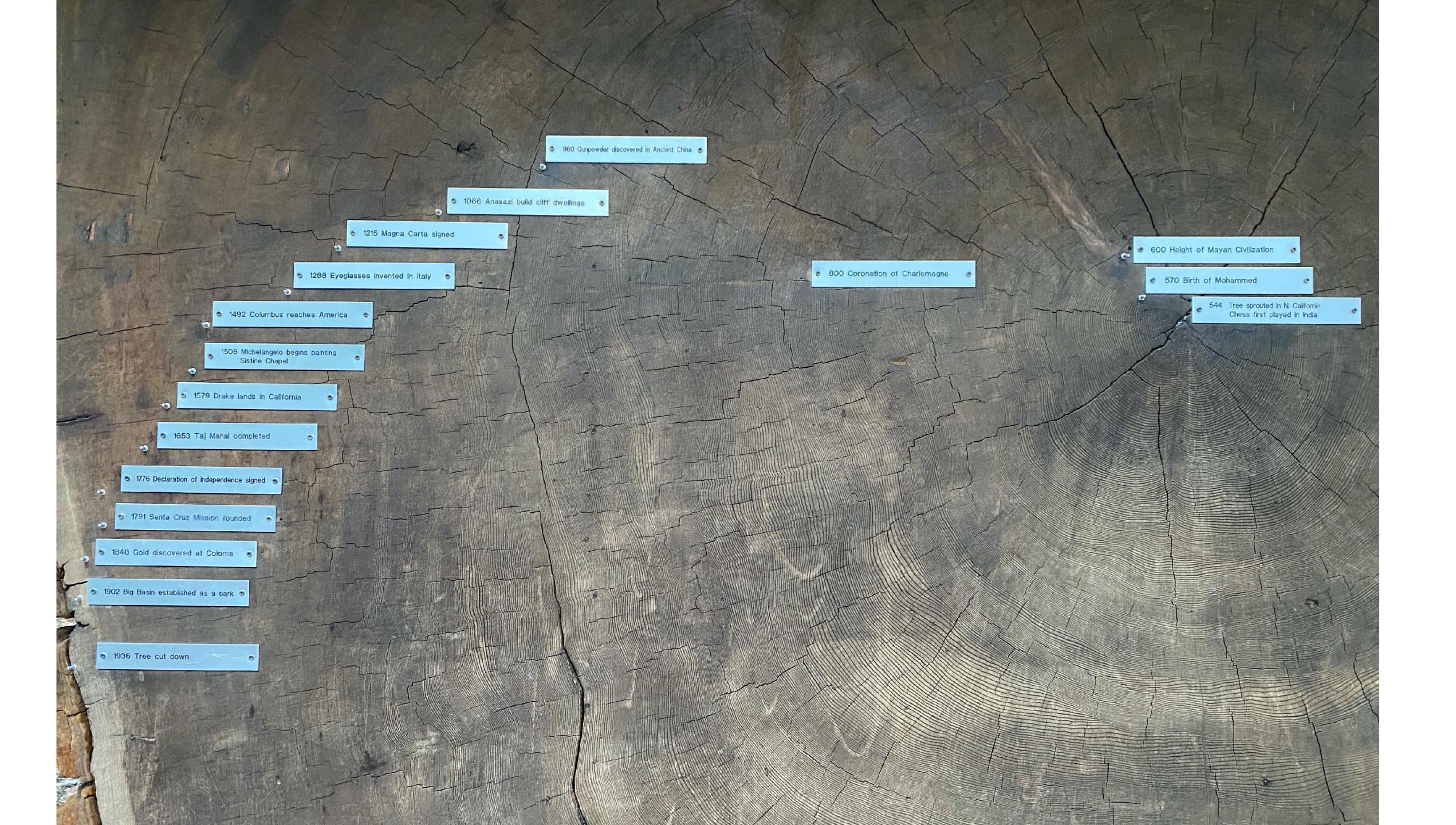
OLD GROWTH REDWOODS.
WITHOUT THE CROWDS OF MUIR WOODS



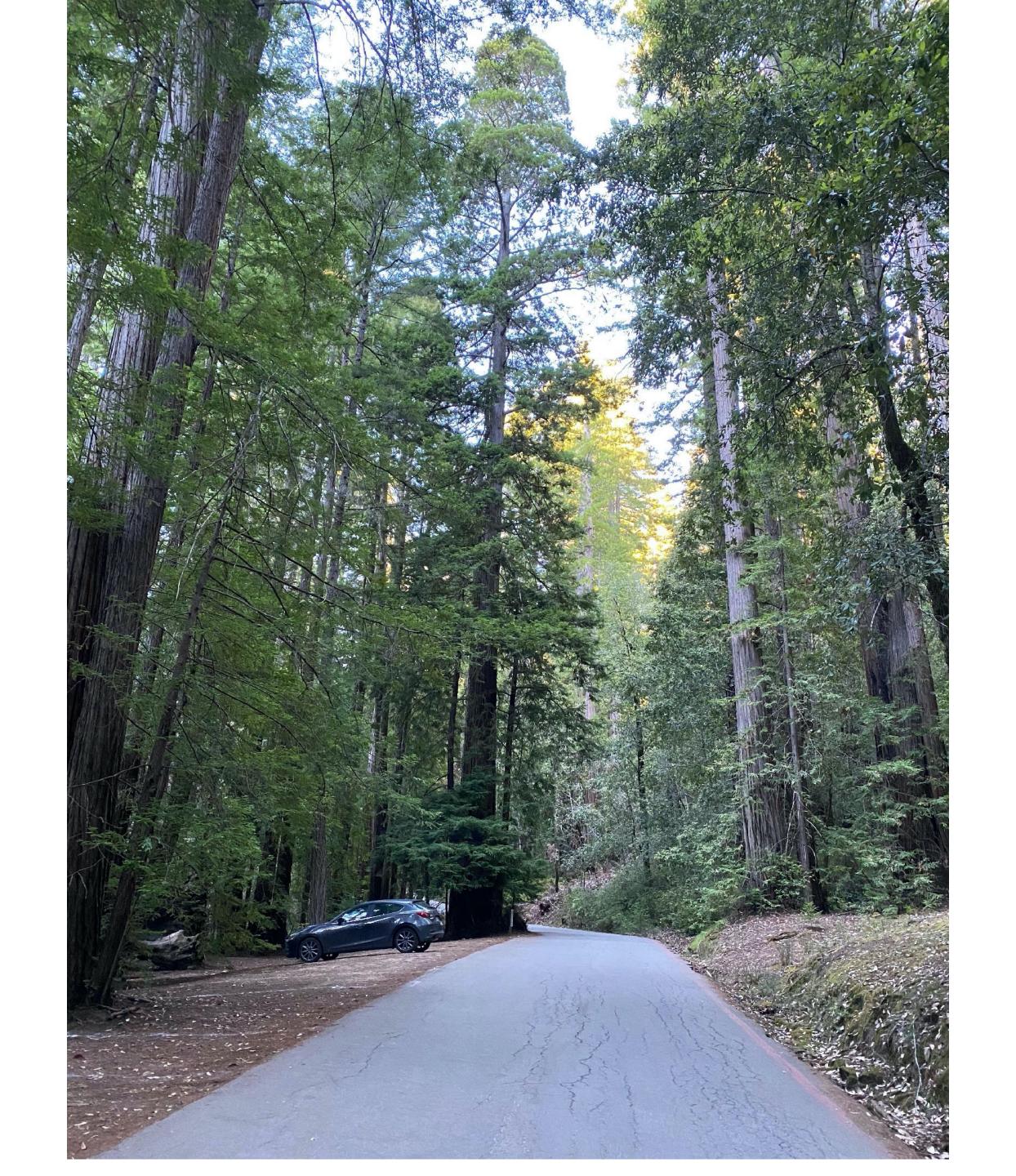


PARTICULARLY RELEVANT IN A COVID ERA





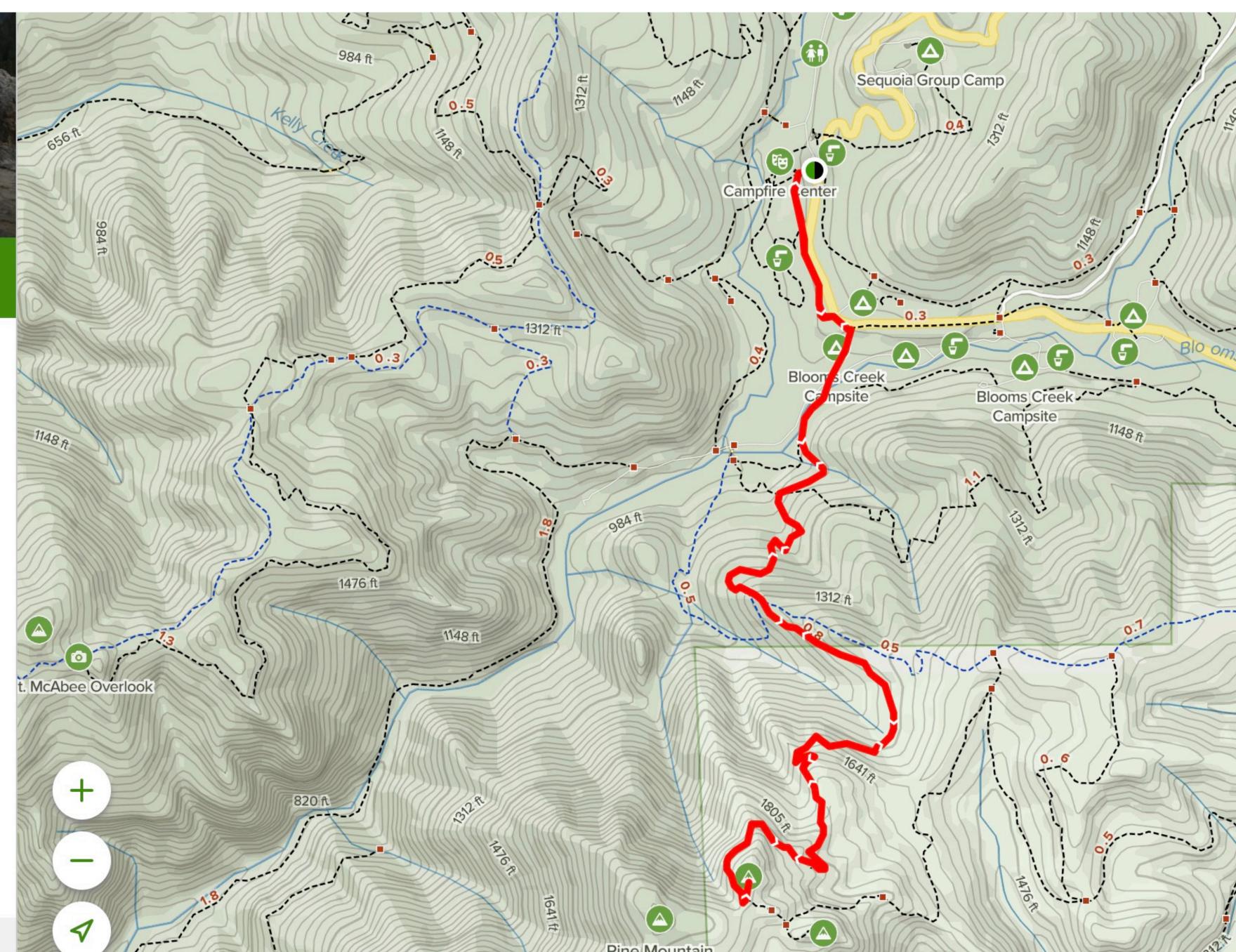
CROWD IS SPARSE LATE IN THE DAY





Buzzard's Roost via Pine Mountain Trail is a 4.3 mile moderately trafficked out and back trail located near Boulder Creek, California that features beautiful wild flow∈ Show more

Length Elevation gain Route type 4.3 mi 1,135 ft Out & Back Hiking Kid friendly Mountain biking Walking Bird watching Nature trips Running Wild flowers Views Wildlife No dogs









Sunset, Berry Creek Falls and Howard King Trail Loop is a 10.5 mile heavily trafficked loop trail located near Boulder Creek, California that features a waterfa Show more

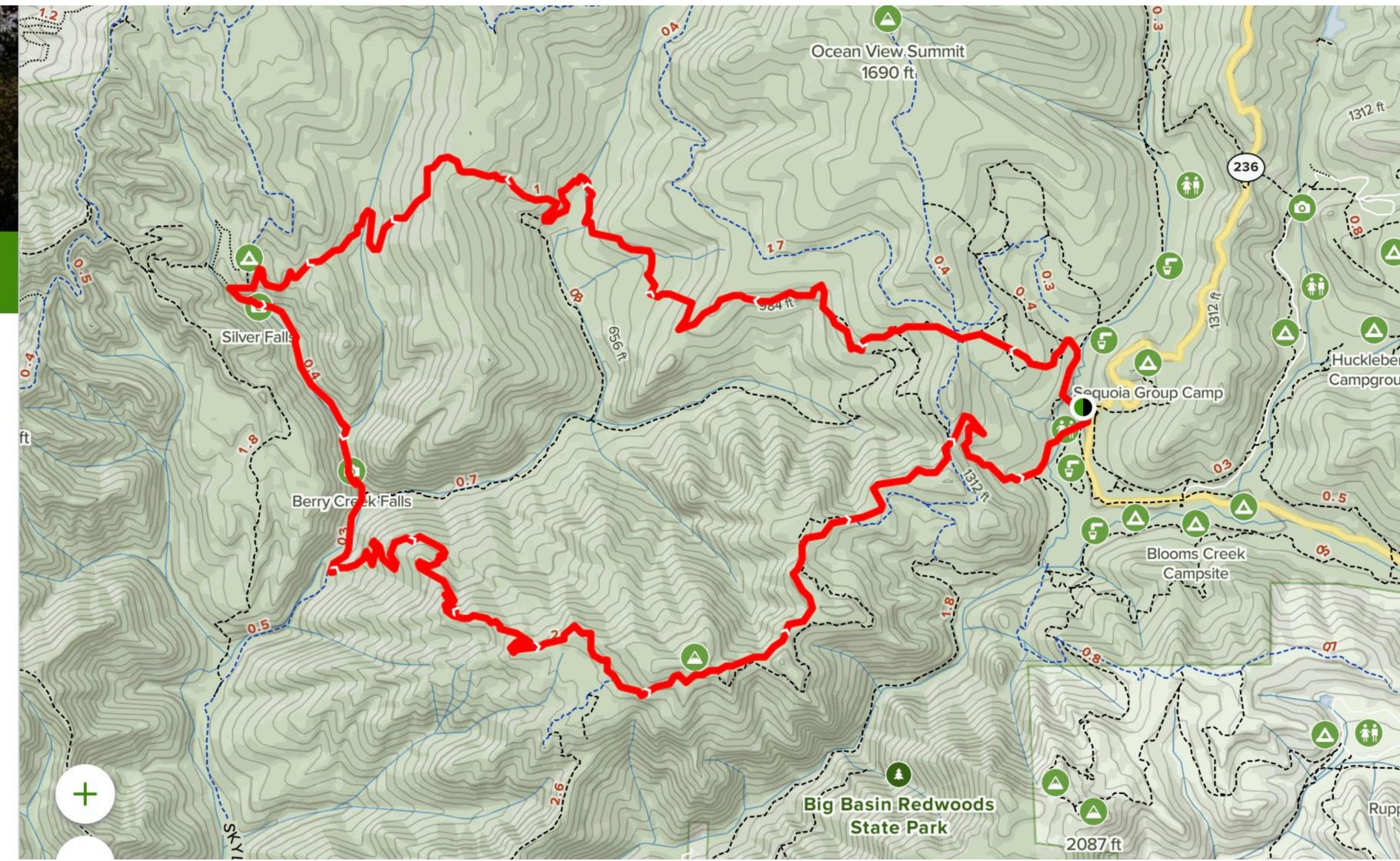
Length Elevation gain Route type

10.5 mi 2,785 ft Loop

Backpacking Camping Hiking Forest

River Views Waterfall Wild flowers

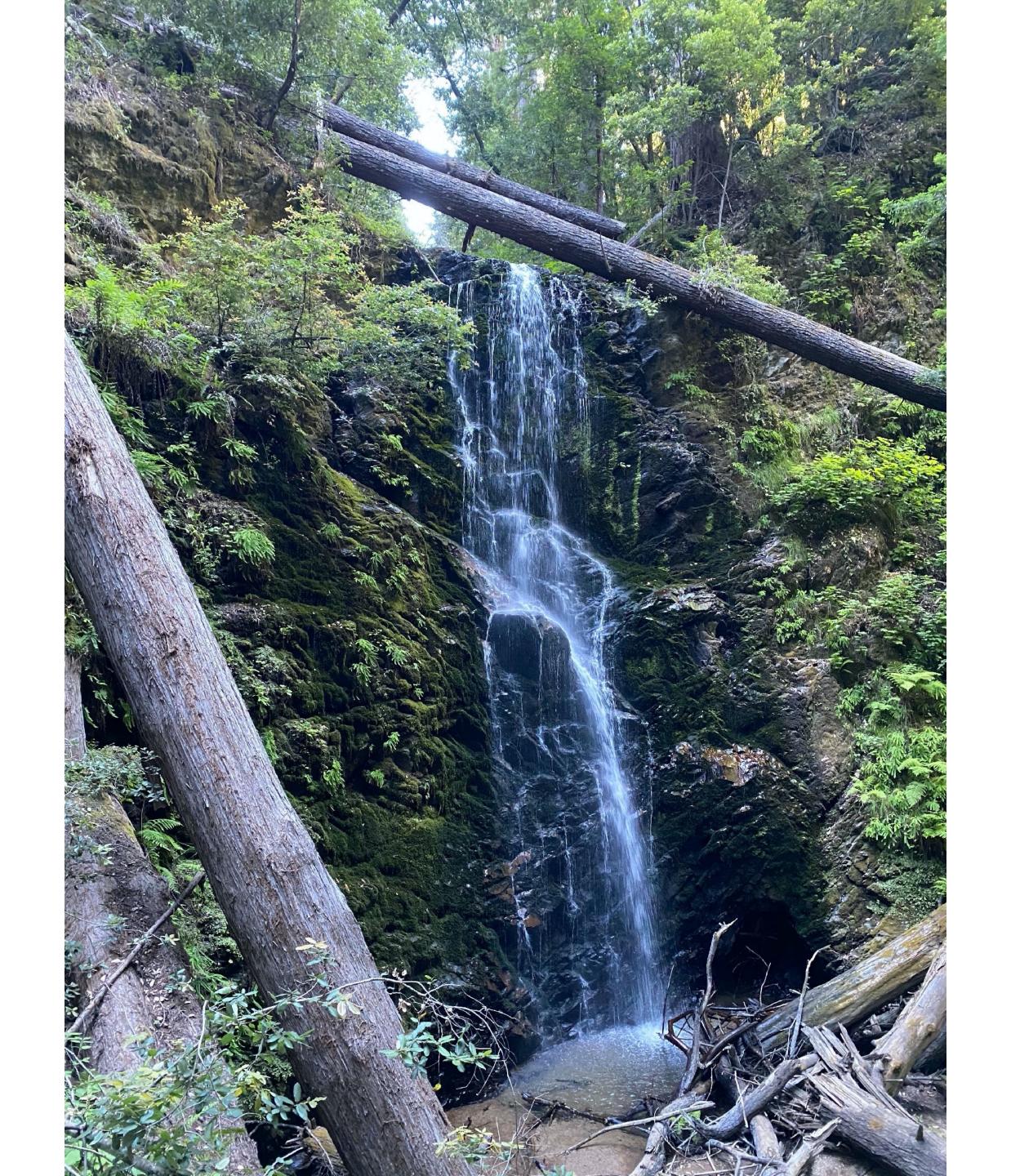
Wildlife No dogs



HOWARD KING TRAIL

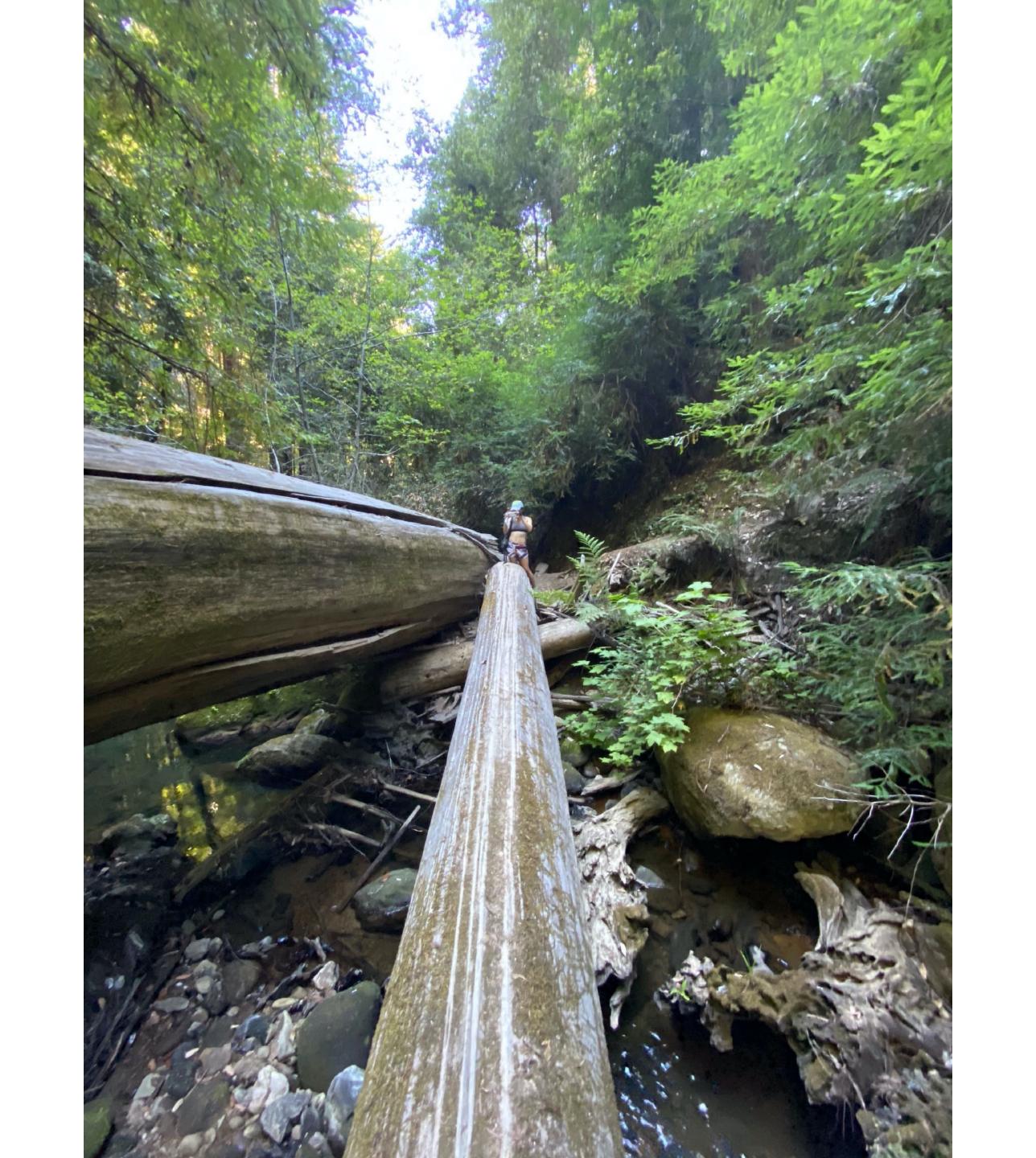


BERRY CREEK FALLS TRAIL







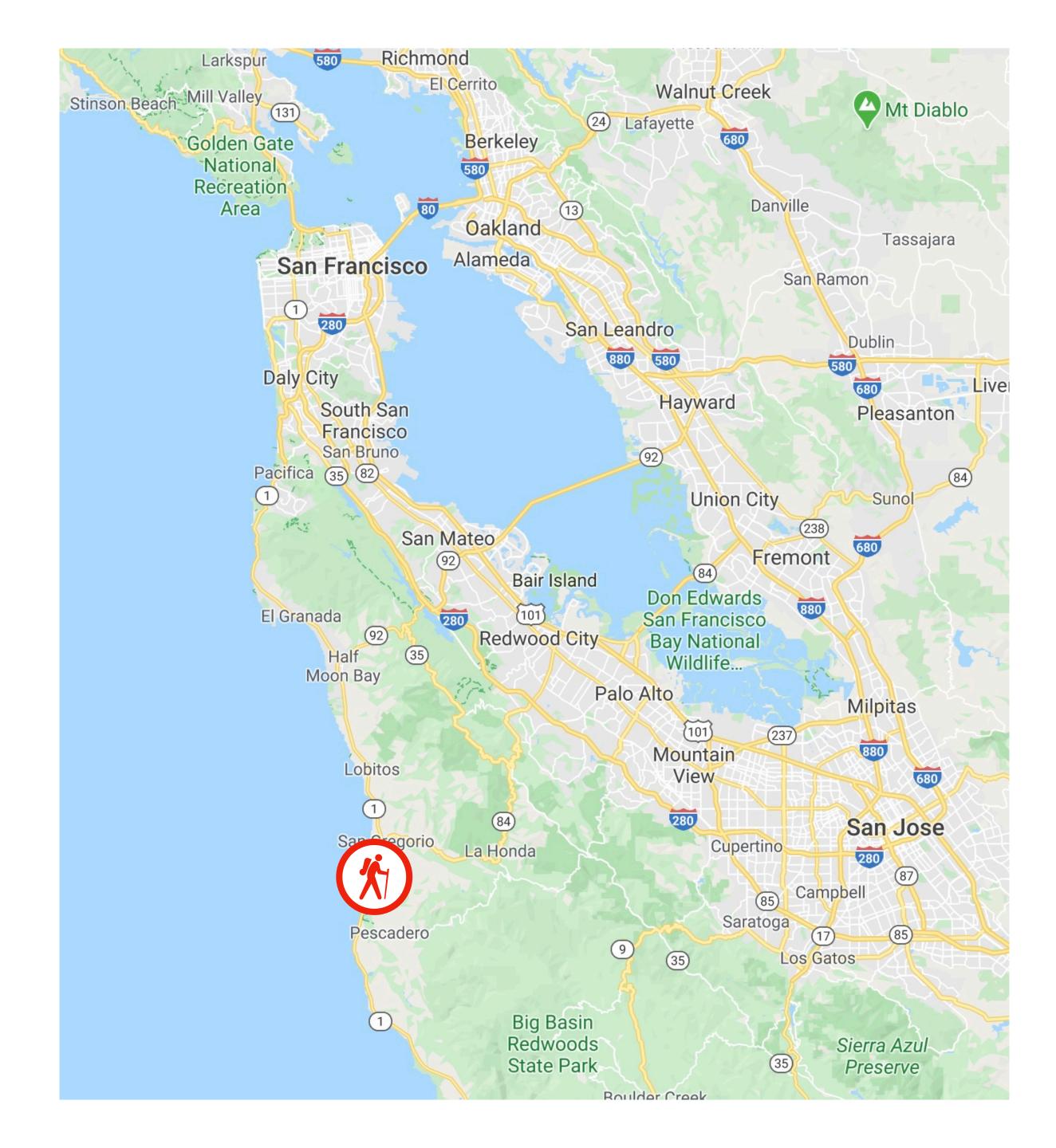


HEAD DOWN THE HILL AND GO TO THE BEACH

SAN GREGORIO STATE BEACH

50 MIN DRIVE ENDLESS BEACH

(OFTEN SOUTH OF FOG LINE SO WARMER THAN HALF MOON BAY. IF FOGGY KEEP DRIVING SOUTH TO PESCADERO.)





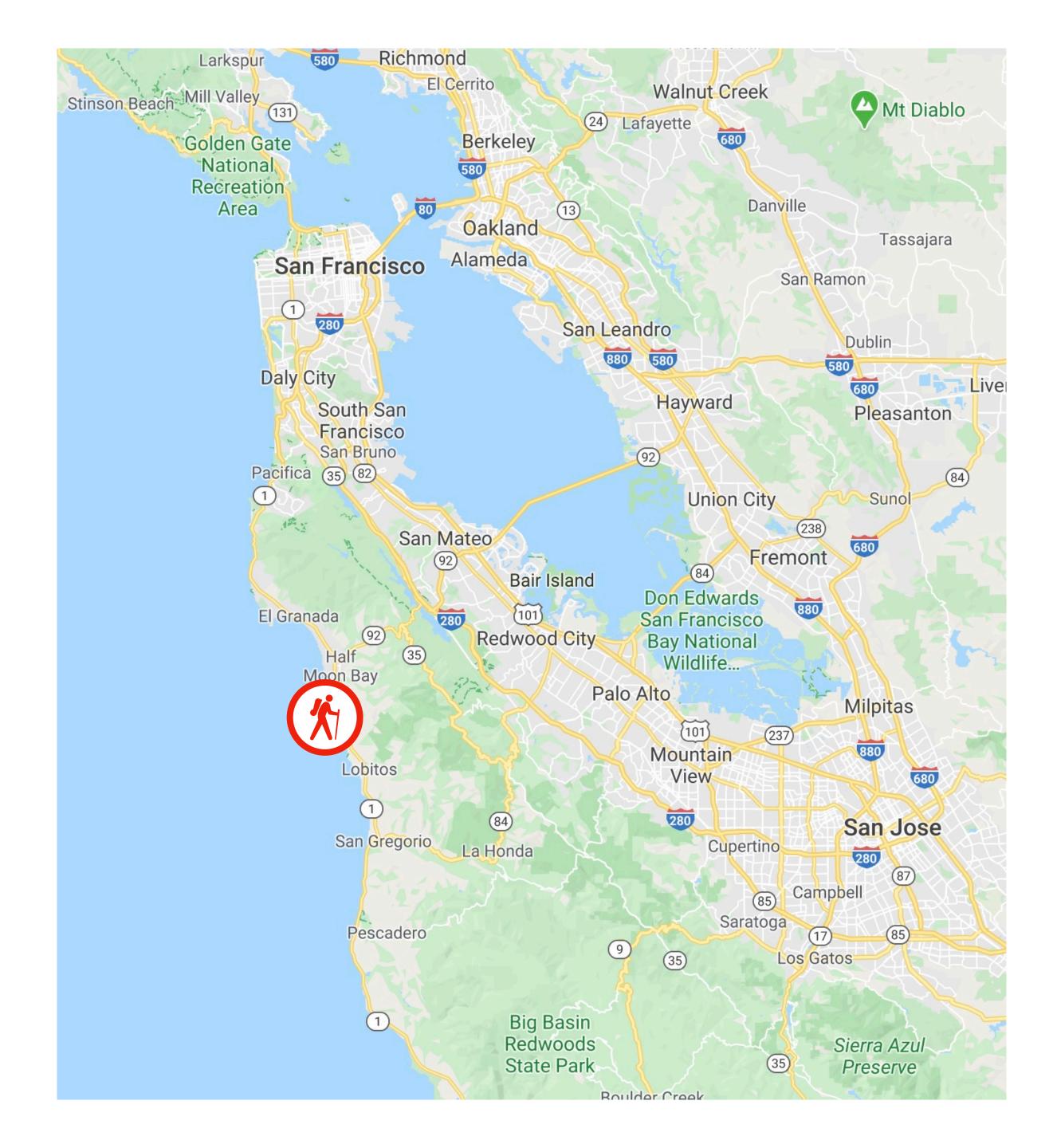


FRANCIS BEACH POPLAR BEACH

(HALF MOON BAY)

50 MIN DRIVE ENDLESS BEACH

(THEY ARE CONNECTED SO I THINK OF THEM AS THE SAME BEACH)





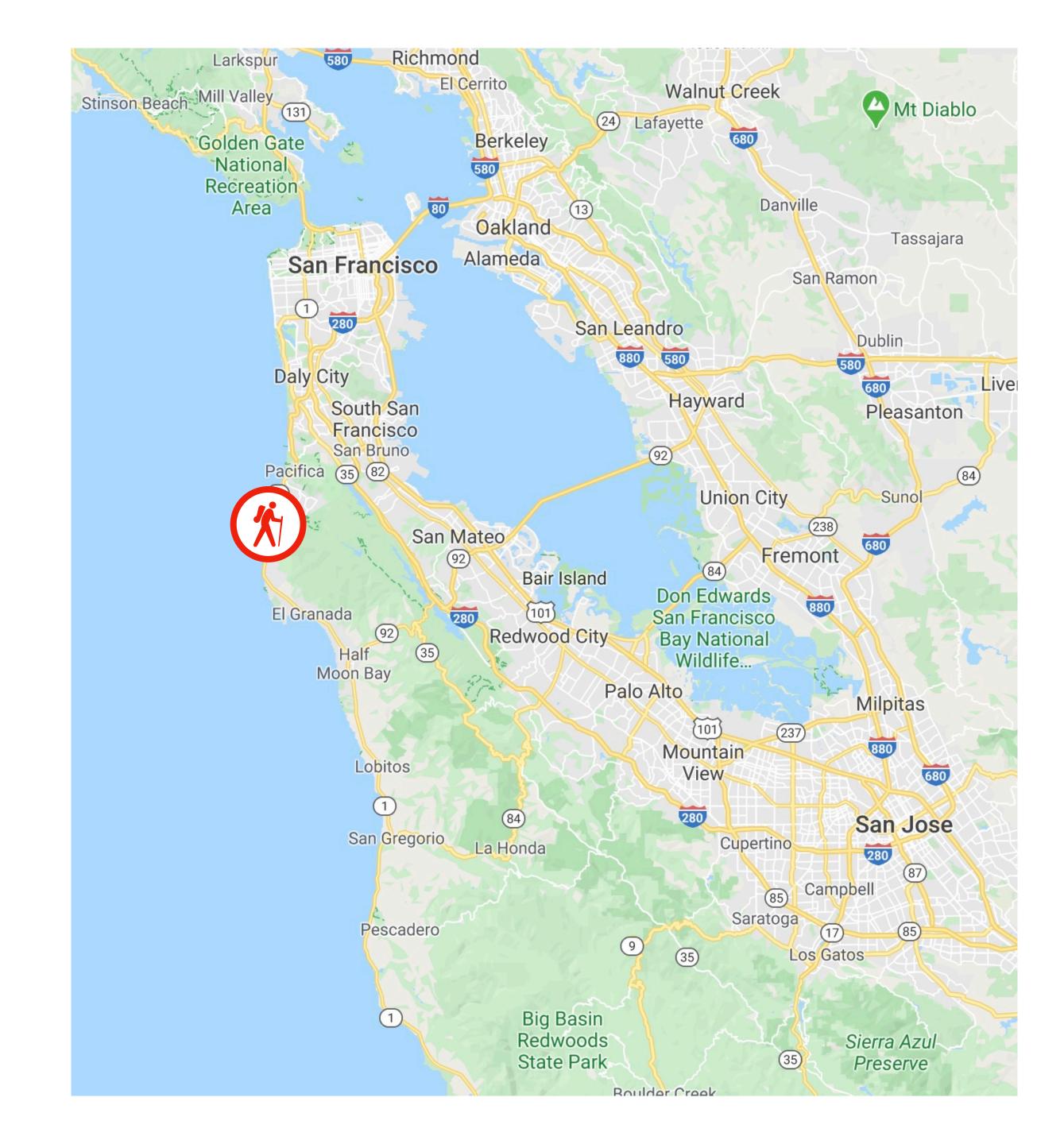


DEVIL'S SLIDE TRAIL

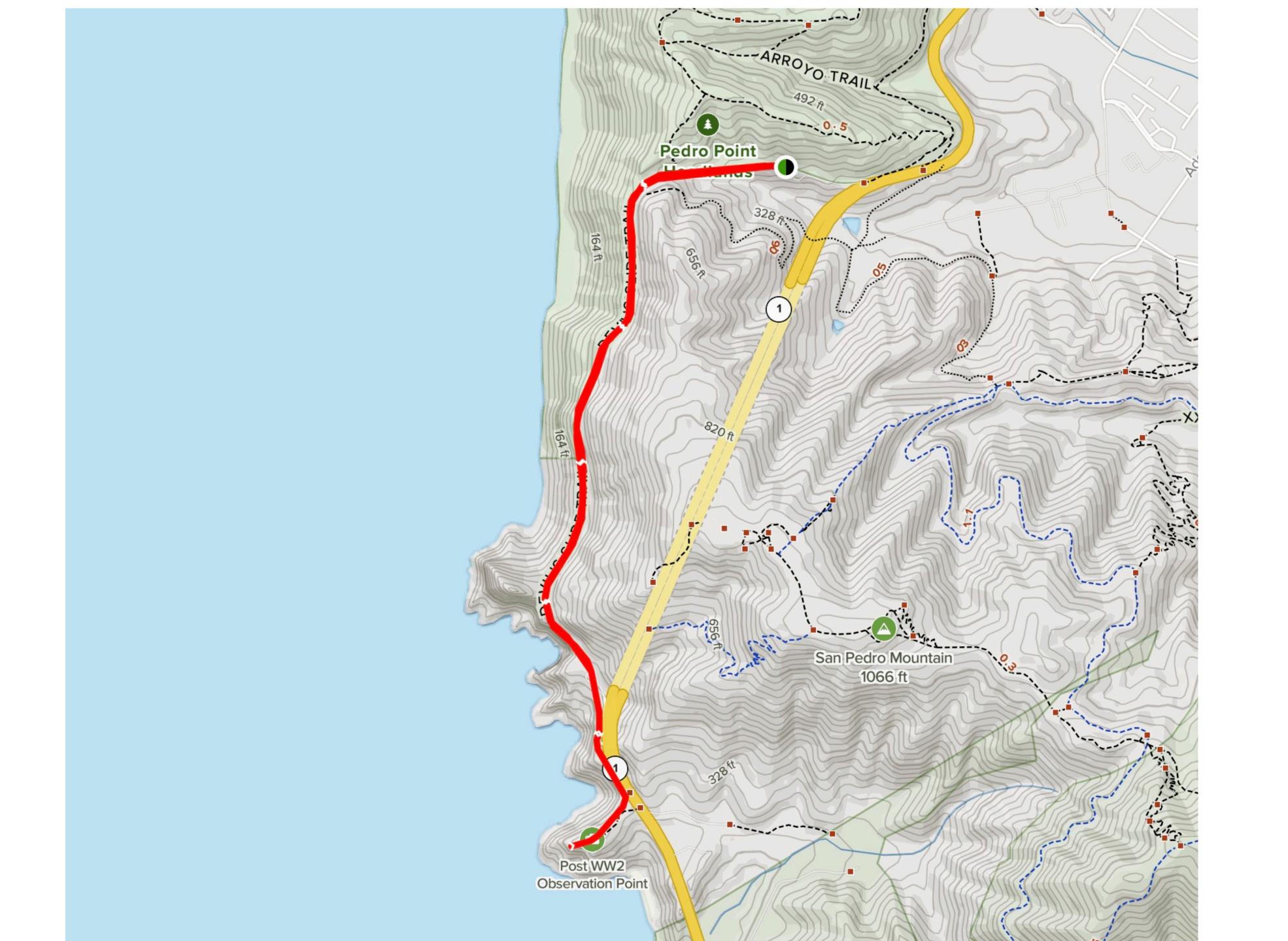
(OFF HIGHWAY 1, JUST SOUTH OF PACIFICA)

1 HR DRIVE 3 MILE WALK

THE "TRAIL" USED TO BE THE OLD HIGHWAY 1 BEFORE THE TUNNELS WERE BUILT



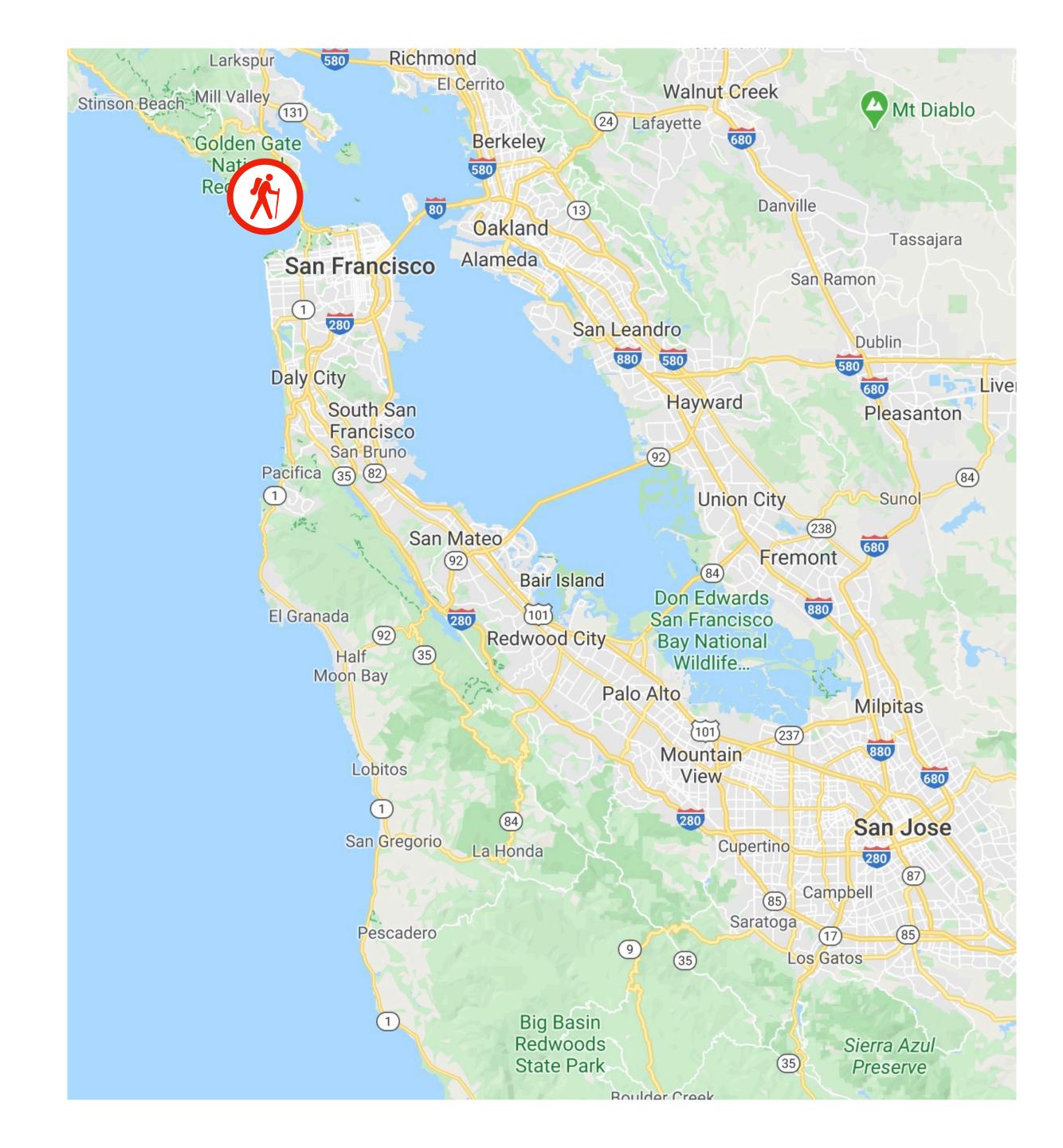




MARIN HEADLANDS

CROSS THE GOLDEN GATE
IGNORE (SCENIC VIEWPOINT SIGNS)
TAKE FIRST EXIT (ALEXANDER AVE)
TURN LEFT UNDER 101
DRIVE UP HILL

BE HERE LATE IN THE DAY (BUT HAVE A COAT AND HAT)







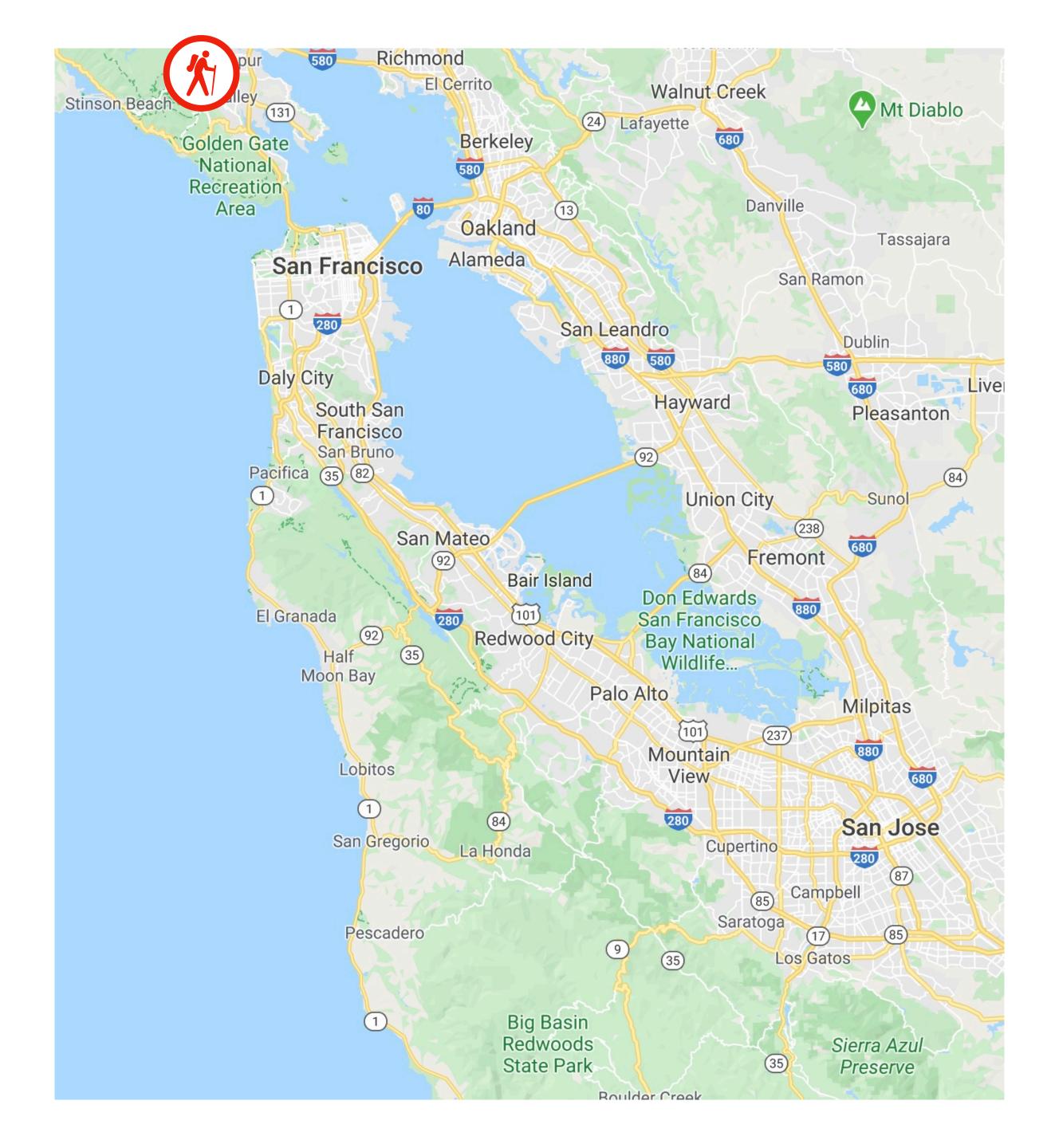


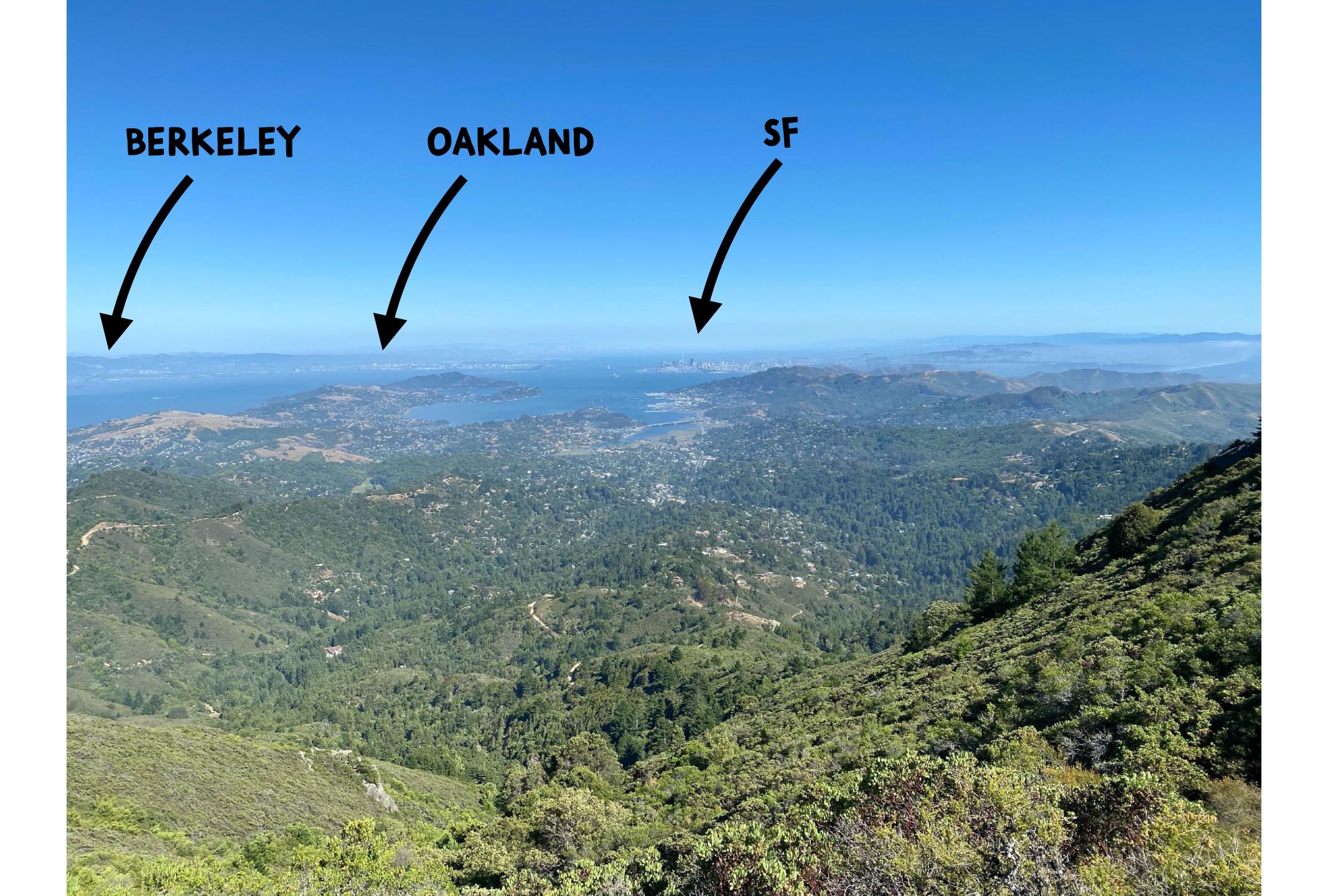


MT. TAMALPAIS

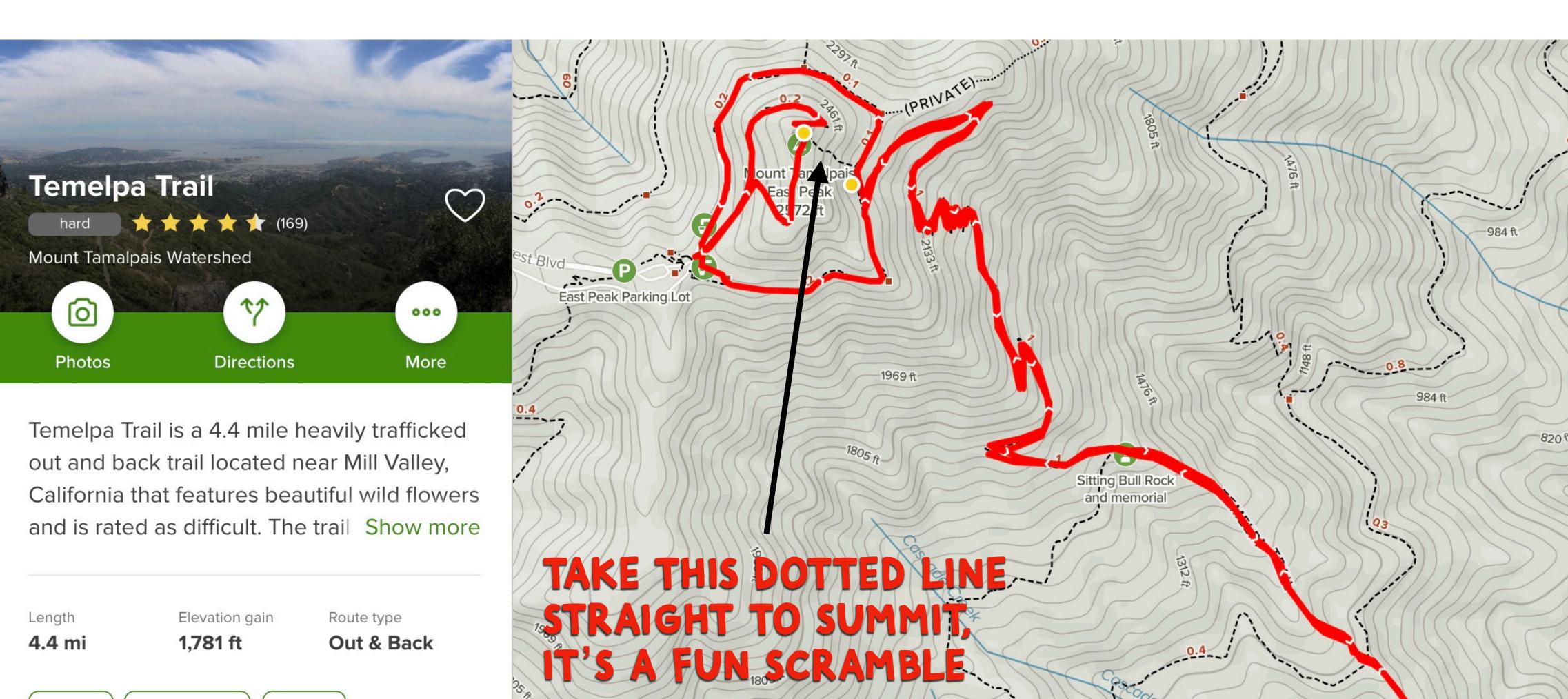
1.5 HR DRIVE, VARIOUS HIKES

I LIKE THE TEMELPA TRAIL TO SUMMIT 4.4 MILES





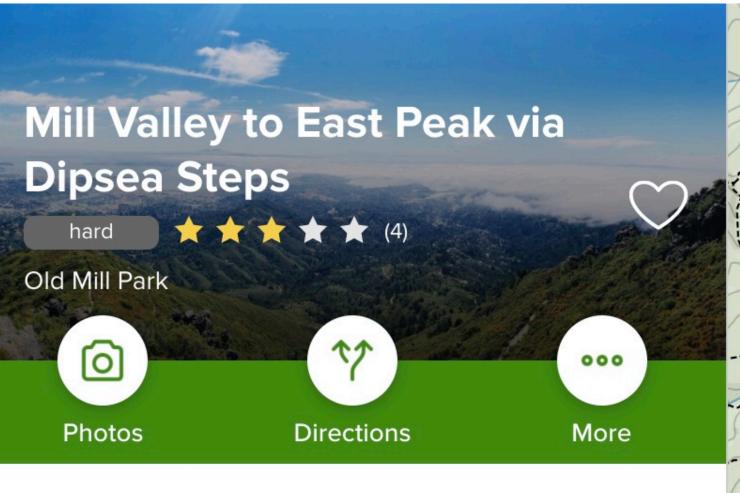




656

Length Elevation gain Route type 4.4 mi 1,781 ft **Out & Back** Nature trips Hiking **Forest** Partially paved Views Wild flowers Wildlife Muddy Rocky Scramble No dogs

OR HIKE ALL THE WAY FROM MILL VALLEY (THE DIPSEA STEPS ARE COOL)



Mill Valley to East Peak via Dipsea Steps is a 10.2 mile moderately trafficked out and back trail located near Mill Valley, California that features beautiful wild flowers at Show more

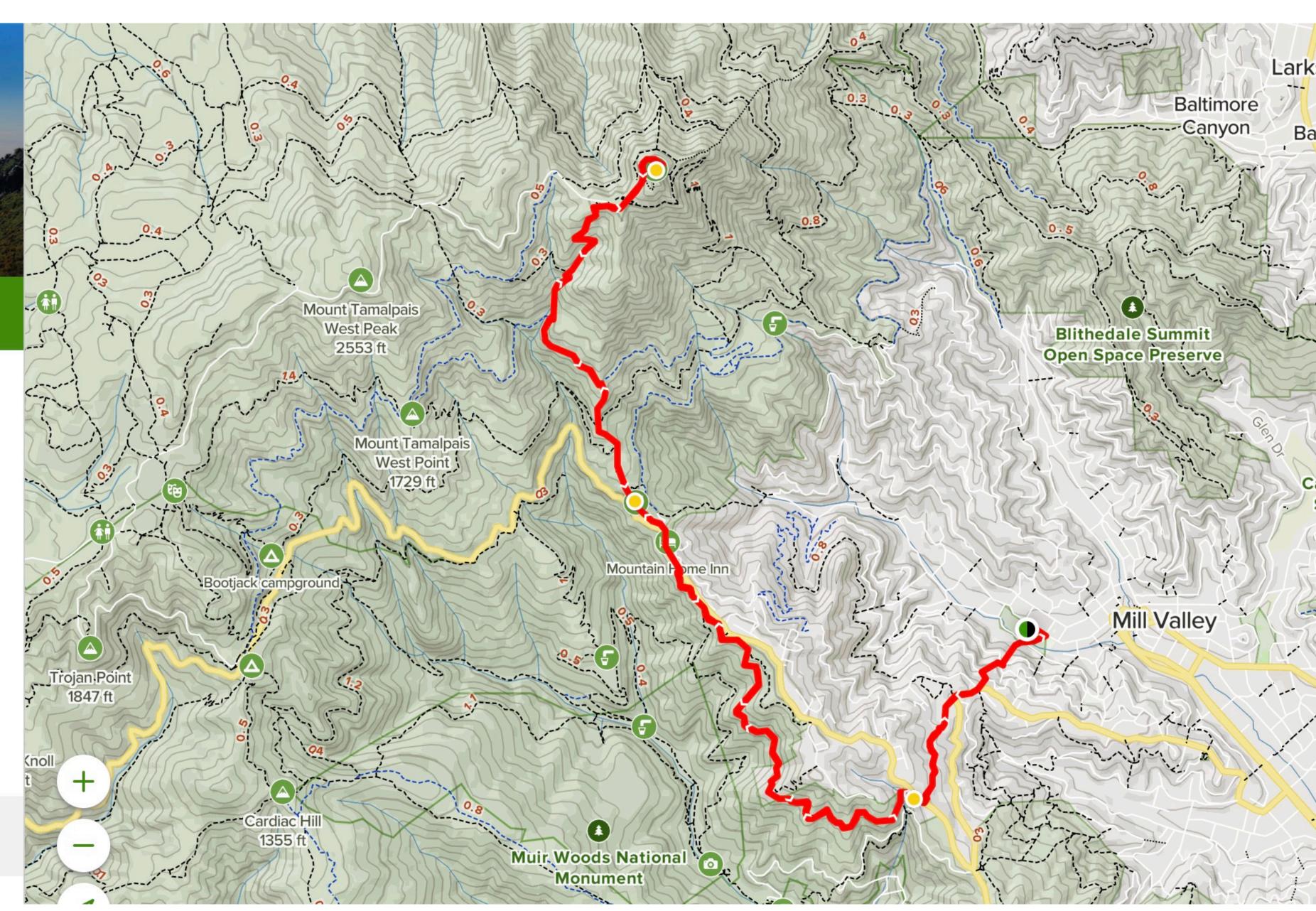
Length Elevation gain Route type

10.2 mi 2,847 ft Out & Back

Hiking Nature trips Forest Views

Wild flowers

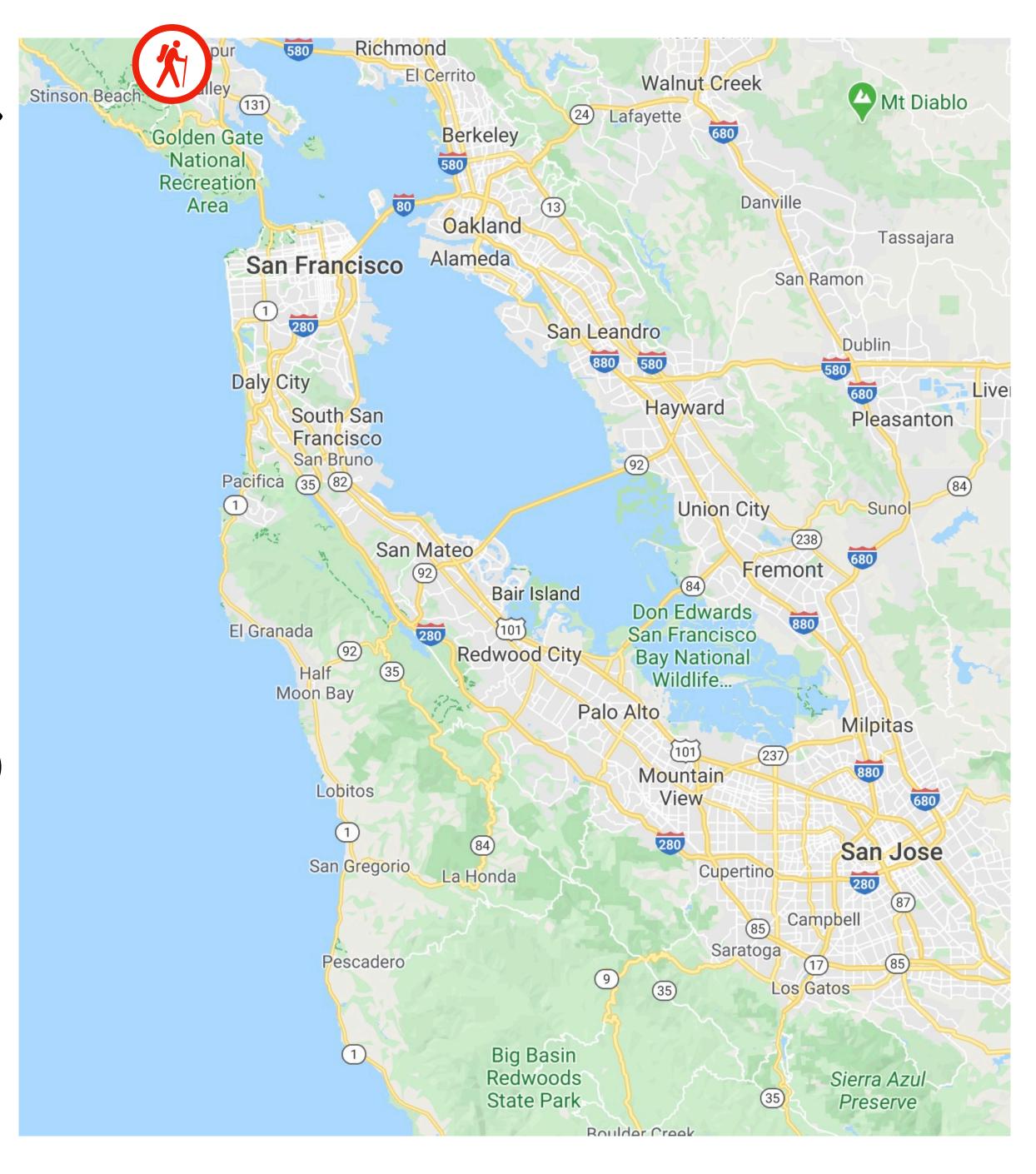
Description Waypoints (3)

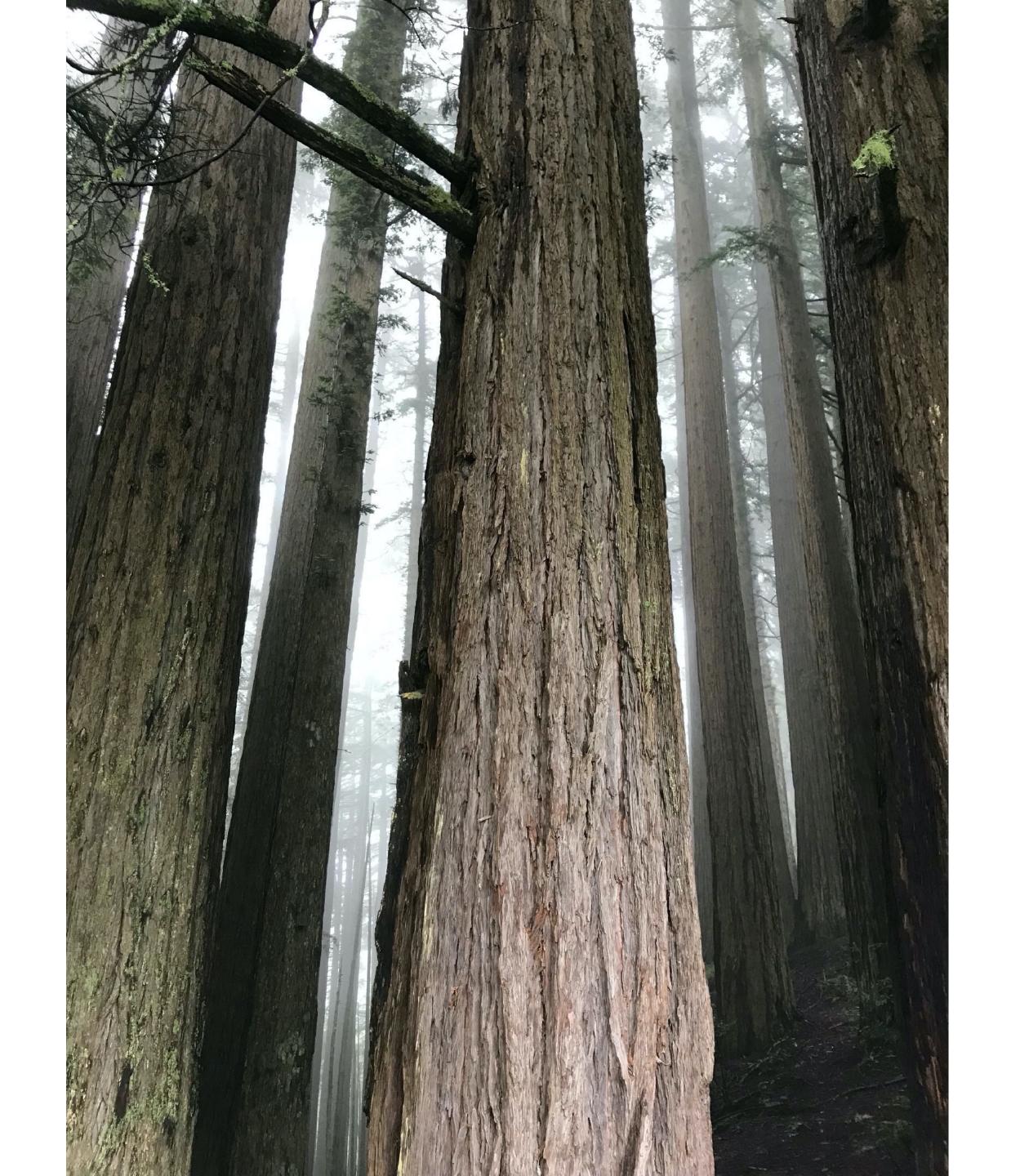


MILL VALLEY TO STINSON BEACH

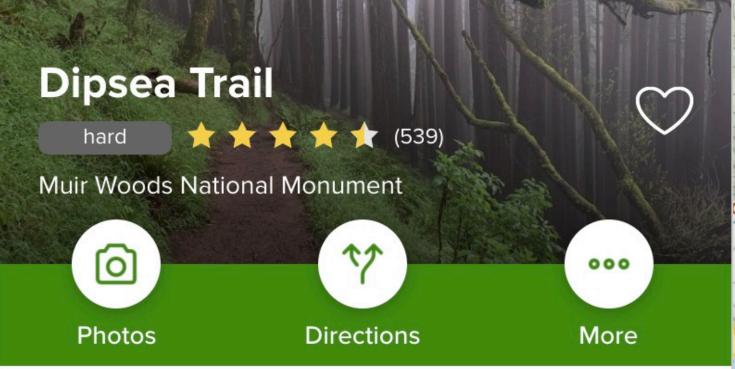
1.5 HR DRIVE 10 MILE HIKE ON DIPSEA TRAIL (ONE WAY)

(BUT YOU NEED AN ARRANGEMENT TO GET BACK. THERE IS A CITY BUS BACK FROM STINSON BEACH, BUT THIS ISN'T A GREAT COVID ERA OPTION)









Dipsea Trail is a 9.7 mile heavily trafficked out and back trail located near Mill Valley, California that features beautiful wild flowers and is rated as difficult. The trail Show more

9.7 mi 2,545 ft Out & Back

Hiking Nature trips Bird watching

Running Beach Forest Views

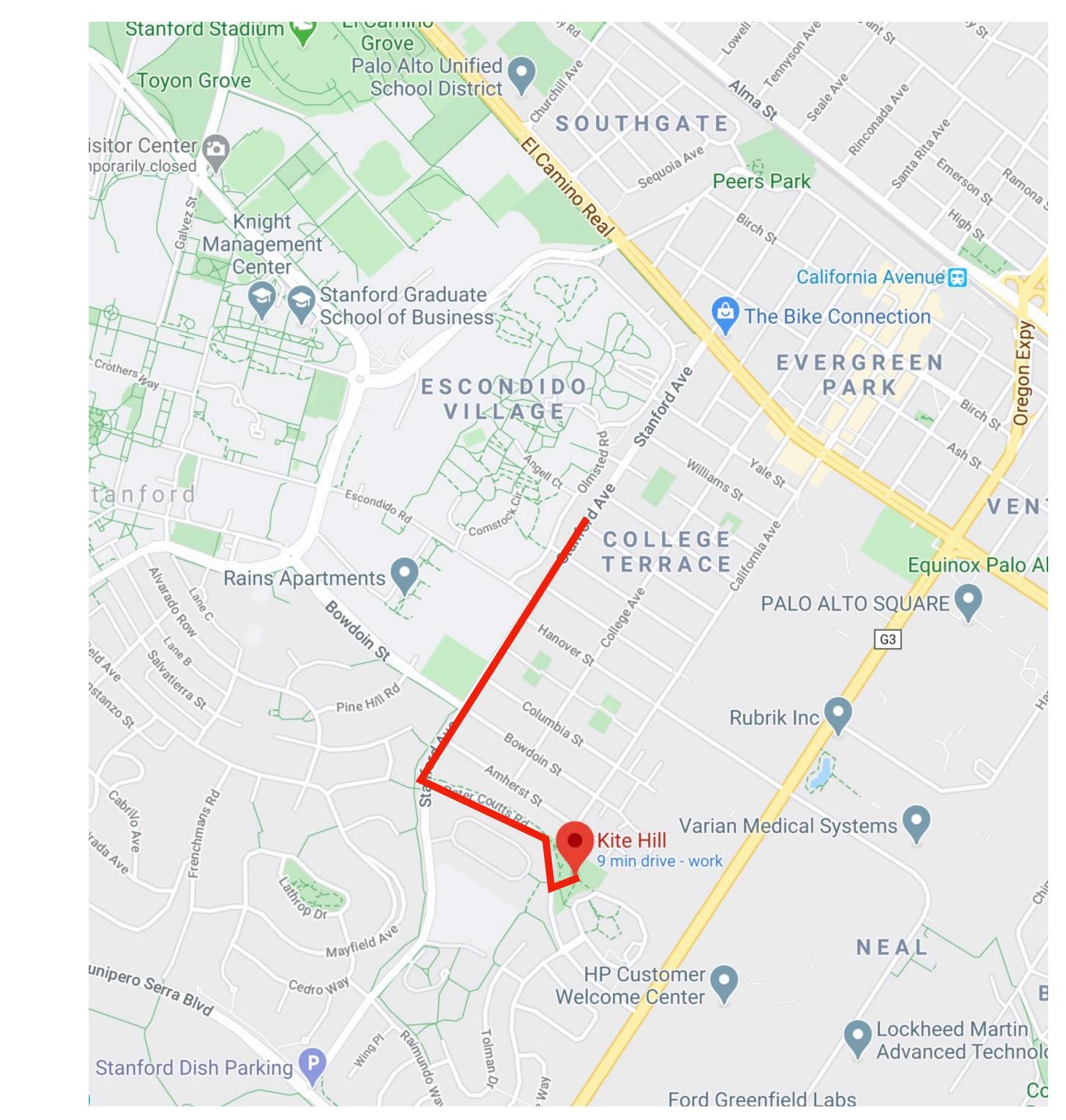
Wild flowers Wildlife Muddy No dogs



AND FOR THE LESS AMBITIOUS...

KITEHILL

A 20 MINUTE WALK FROM EV. THEN YOU SIT ON A HILL







FUTURE WORK

- GO ON EVEN BETTER HIKES
- SUGGESTIONS?